Our books inspire transformation in readers and their communities to foster a more open, just, and compassionate world. Rooted in the progressive Christian tradition and reflecting the diversity of human creativity, we publish books that engage readers in fresh, substantive, timely, and inspiring reflection on what it is to live with meaning and connection.

We are committed to publishing authors who bring thoughtful perspective to explorations in religion, spirituality, social justice, culture, and personal growth with credibility and authenticity.

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Our Fair Share
How One Small Change Can Create a More Equitable American Economy

BRIAN C. JOHNSON

CEO, social justice activist, and media commentator Brian C. Johnson proposes a bold solution to the economic inequity that has left many US citizens struggling to survive while others live in excess.

Over the past fifty years, our economy has been pulling us apart at unprecedented rates by allowing the richest Americans to hoard wealth like almost never before. In Our Fair Share, Brian C. Johnson combines accessible scholarship on wealth and income inequity with stories of real people struggling to survive and thrive in America today to lay the groundwork for a reasonable and actionable solution. Dubbed the Citizen Dividend, this revolutionary model assumes that economic growth is built off of the wealth we have created together as a country, and together we all reap its benefits.

BRIAN C. JOHNSON has served in education and advocacy, community organizing, and political activism at local and national levels for two decades, dedicated to the American promise of fairness for all. He’s been featured on CNN and in The Washington Post, USA Today, and The New York Times. Johnson currently serves as the CEO of Equality Illinois, one of the nation’s most successful LGBTQ civil rights organizations. He lives with his family in Chicago, Illinois.

MARKETING

▸ National author speaking tour
▸ Trade advertising
▸ National print and online publicity
▸ National and local television and radio interviews
▸ Targeted digital and social media campaign
▸ Targeted publicity campaign to social justice magazines and blogs
▸ Advertising in progressive publications
▸ Blog and podcast promotional campaign
▸ Author launch team

Publication: September 28, 2021
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Hardcover 5.5 x 8.5
260 pages
$28.99

Political Science / Civics & Citizenship
Political Science / Public Policy / Economic Policy
Social Science / Social Classes & Economic Disparity

@iamtherealbcj  @iamtherealbcj
A More Perfect Union
A New Vision for Building the Beloved Community

ADAM RUSSELL TAYLOR
FOREWORD BY REPRESENTATIVE JOHN LEWIS

From the president of Sojourners, a bold and actionable call to unite our fractured country through a contemporary reimagining of Martin Luther King Jr.’s Beloved Community.

MARKETING
- National author speaking tour
- Events cohosted and promoted by Sojourners
- Trade advertising
- National print and online publicity
- National and local television and radio interviews
- Targeted digital and social media campaign to those interested in faith and politics
- Advertising and promotion with progressive Christian and political media
- Author launch team
- ARC’s available

Publication: September 14, 2021
978-1-5064-6453-4
Hardcover 6 x 9
250 pages
$26.99

America is at a pivotal spiritual and political crossroads. A new public narrative is needed to counter the discord in our politics and culture, a new way forward rooted in Martin Luther King Jr.’s vision of the Beloved Community. In A More Perfect Union, Adam Russell Taylor, president of Sojourners, calls for a shared moral vision that transcends partisanship to live out our nation’s best ideals and realize a more perfect union.

REV. ADAM RUSSELL TAYLOR is president of Sojourners, an ecumenical Christian organization that works to advance justice and peace. He previously led the Faith Initiative at the World Bank Group, served as Vice President of Advocacy at World Vision U.S., was cofounder and executive director of Global Justice, and was selected as a White House Fellow under the Obama administration. A graduate of the Harvard University Kennedy School of Government and of the Samuel DeWitt Proctor School of Theology, Taylor is ordained in the American Baptist Church and the Progressive National Baptist Convention and serves at the Alfred Street Baptist Church in Alexandria, Virginia.

@revadamtaylor  @adamrubuntu
The Lightmaker’s Manifesto
How to Work for Change without Losing Your Joy
KAREN WALROND

Changemakers like Brené Brown, Valarie Kaur, and Tarana Burke join activist and leadership coach Karen Walrond in showing us how to tap our passions and gifts to joyfully advocate for justice and peace.

Many of us want to advocate for causes we care about—but which ones? We want to work for change—but will the emotional toll lead to burnout? In The Lightmaker’s Manifesto, activist Karen Walrond shares strategies and exercises, such as journaling, daily intention-setting, and mindful self-compassion, to help you define the actions that bring you joy, identify the values and causes about which you are passionate, and put them together to create change. Includes conversations with changemakers Zuri Adele, Mira Jacob, Brad Montague, and more.

KAREN WALROND is a lawyer, activist, leadership coach, and senior director for global engagement for the Brené Brown Education and Research Group. She is a certified Dare To Lead™ facilitator, is a photographer, and serves on the board for the Houston Coalition Against Hate. Walrond and her work have been featured on PBS, Huffington Post, CNN.com, and The Oprah Winfrey Show. She curates the award-winning blog Chookooloonsk, is the host of The Make Light Show podcast, and is the author of The Beauty of Different. Karen and her family live in Houston, Texas.

MARKETING

- National author speaking tour
- Trade advertising
- National print and online publicity
- National and local television and radio interviews
- Media push targeted to social justice magazines and blogs
- Targeted digital and social media advertising
- Author launch team
- ARCs available

Publication: November 2, 2021
978-1-5064-6994-2
Hardcover 5.5 x 8.5
240 pages
$26.99

Self-Help / Personal Growth / Happiness
Self-Help / Motivational & Inspirational
Psychology / General
We Cry Justice
Reading the Bible with the Poor People’s Campaign
EDITED BY LIZ THEOHARIS
FOREWORD BY WILLIAM J. BARBER II

Leaders and organizers with the Poor People’s Campaign offer powerful reflections on and interpretations of Bible passages through the lens of the dispossessed, providing a new understanding of justice and a call to fight poverty, not the poor.

In We Cry Justice, leaders of the Poor People’s Campaign, a movement against racism, poverty, ecological devastation, militarism, and religious nationalism, uncover what the Bible really says about justice and poverty. Liz Theoharis is joined by pastors, organizers, scholars, low-wage workers, and people in poverty in interpreting sacred stories about the poor seeking healing, justice, and freedom. Find in the pages of Scripture God’s persistent call to repair the breach and fight poverty, not the poor.

REV. DR. LIZ THEOHARIS is co-chair of the Poor People’s Campaign, alongside Bishop William J. Barber II. Theoharis is the director of the Kairos Center for Religions, Rights, and Social Justice at Union Theological Seminary. She has been named by Politico as one of fifty “thinkers, doers and visionaries whose ideas are driving politics.” She is the author of Always with Us? and coauthor of Revive Us Again. Theoharis and her family live in New York City.

MARKETING

- National author speaking tour
- Trade and Christian advertising
- National and local television and radio interviews
- Targeted digital and social media campaign
- Publicity and marketing support from many influential contributors
- Targeted publicity campaign to progressive Christian podcasts and blogs
- Email marketing to extensive church lists
- Direct promotions to congregational audiences
- Author launch team
ELLE DOWD is a bisexual candidate for ministry in the Evangelical Lutheran Church in America. She was radicalized in St. Louis, where she learned from the revolutionary, queer, Black leadership during the Ferguson Uprising. She was formerly a co-conspirator with the movement to #decolonizeLutheranism and currently organizes as a faith leader with SOUL in Chicago, serves on the board of Euro-Descent Lutherans for Racial Justice, writes regularly for the Disrupt Worship Project, and facilitates workshops on gender, sexuality, and the church. She lives in Chicago with her spouse and two Sierra Leonean daughters.
In this powerful book, Dr. Maha Hilal tells the story of two decades of the War on Terror, through both an overview of the policies created under its umbrella and the lived realities of Muslim Americans who have experienced hate and discrimination as a result. Twenty years after the tragic events of 9/11, we must look at their full legacy and move toward a United States that is truly inclusive and united.

DR. MAHA HILAL is an expert on institution-<linebreak>alized Islamophobia and has spent her career researching, writing on, and advocating and organizing against it. She is cofounder of Justice for Muslims Collective. Dr. Hilal holds a PhD in Justice, Law, and Society from American University and has received many awards, including the Department of State’s Critical Language Scholarship, the Kathryn Davis Fellowship for Peace, and a Reebok Human Rights Fellowship. Her writings have been published in Al Jazeera, The Daily Beast, Vox, and US News, among others. Dr. Hilal lives in the greater Washington, DC, area.
For those seeking to create a legacy of sustainability for future generations, *Our Last Best Act* explores end-of-life choices that honor the earth.

How do we align our end-of-life choices with our values?

In a world experiencing a climate crisis and a culture that avoids discussions about death and dying, environmentalist and educator Mallory McDuff takes readers on a journey to discover new, sustainable practices around death and dying—and how it’s possible to make end-of-life choices that honor our values, create a sustainable legacy, and help to heal the earth.

**MALLORY MCDUFF** is a leader in the field of Christian environmentalism and the author of several books, including *Natural Saints: How People of Faith Are Working to Save God’s Earth*. Her essays have appeared in *The New York Times*, *The Washington Post*, and more. She teaches environmental education at Warren Wilson College in Asheville, North Carolina, where she lives on campus with her two daughters in a 900-square-foot house with an expansive view of the Appalachian Mountains in Western North Carolina.

mallorymcduff.com  @mallorymcduff1  @mallory.mcduff
Critically acclaimed author and pastor David Williams offers an unflinching, yet hopeful, examination of the very real climate crisis that calls Christians to faithful action in the face of a harsh future.

The planet we will pass on is different than the one we inherited. Living with our angry Eden will involve a period of sustained difficulty and disruption. David Williams, author of *When the English Fall*, spells out how we will be morally tested, outlines nine virtues key to human thriving in the decades to come, and beckons readers toward a faith and a hope resilient enough to face the effects of the climate crisis.

**REV. DR. DAVID WILLIAMS** is the author of several books, including his critically acclaimed debut novel *When the English Fall*. His work has also appeared in *The Washington Post*, *WIRED*, *Religion News Service*, and *The Christian Century*, among other outlets. He is a pastor in the Presbyterian Church (USA) and currently serves Poolesville Presbyterian Church, a small congregation in Maryland. Before becoming a pastor, Williams worked for ten years at the Aspen Institute. He and his family live in Annandale, Virginia.
Church of the Wild
How Nature Invites Us into the Sacred

VICTORIA LOORZ

Cofounder of the Wild Church Network and Seminary of the Wild, Victoria Loorz uncovers the wild roots of faith and helps us deepen our commitment to a suffering earth by falling in love with it—and calling it church.

Like many who feel unfulfilled by traditional faith expressions, Victoria Loorz went in search of a spirituality strong enough to reckon with the unraveling of her vocation, identity, and planet, and found herself in the wilderness. With an ecospiritual lens on biblical narratives and a fresh look at a community larger than our own species, Church of the Wild uncovers the wild roots of faith and helps us deepen our commitment to a suffering earth by falling in love with it—and calling it church. Here Loorz helps us connect to a love that literally holds the world together—a love that calls us into communion with all creatures.

VICTORIA LOORZ is a spiritual director and cofounder of the Wild Church Network and Seminary of the Wild. She is founding pastor of the Church of the Wild in Ojai, California, and in her hometown of Bellingham, Washington. Loorz’s work and ministry have been covered by Spirituality & Health, Religion News Service, and other outlets. She began the research for this book with a grant from Louisville Institute’s Pastoral Study program.

victorialoorz.com  @victoria.loorz
Join award-winning author Mitali Perkins for an illuminating look at beloved children’s novels and the hope these stories offer to adults in today’s uncertain world.

Can you love a classic novel from childhood and also name its flaws? Mitali Perkins helps us do both as she explores seven timeless children’s novels. Through works by Louisa May Alcott, C.S. Lewis, L.M. Montgomery, Francis Hodgson Burnett, and other literary “uncles” and “aunts,” Perkins unpacks wisdom to help adults thrive in uncertain times. Reconnecting with these stories from childhood isn’t merely nostalgia. While these novels are far from perfect, they have much to offer us today.

MITALI PERKINS is an award-winning author of novels and picture books for young readers, including You Bring the Distant Near; Forward Me Back to You; Rickshaw Girl; and Bamboo People, among others. Her books, known for strong characters who cross all kinds of borders, seek community, and promote justice, have been nominated for the National Book Award, have won the South Asia Book Award, and have been listed as Best Book of the Year by Publishers Weekly, Kirkus, and School Library Journal. Born in Kolkata, India, Perkins has called many countries around the world home. She now lives with her husband and sons in the San Francisco Bay Area.
Wild Woman

_A Footnote, the Desert, and My Quest for an Elusive Saint_

AMY FRYKHOLM

From the eye of a journalist and the heart of a storyteller, Amy Frykholm’s deeply personal search for an all-but-forgotten saint and archetypal wild woman will inspire readers to seek the wilderness and discover the sacred within.

In the dusty corner of a library, journalist Amy Frykholm discovers a footnote that leads her on a decades-long search for Mary of Egypt—runaway, prostitute, holy desert dweller, saint, and archetypal wild woman. As their storylines crisscross maps and centuries, the saint and the author meet at various thresholds, and both become more fully revealed as they enter the desert wild and wildly—in the embrace of the sacred.

AMY FRYKHOLM is an award-winning writer, scholar, and journalist whose nonfiction works cover the territory of American religion from apocalyptists to saints. A senior editor for *The Christian Century*, she appears frequently on television and radio programs as an expert in American religion. She lives in Leadville, Colorado, with her husband and son.

MARKETING

- National print and online publicity
- Targeted digital and social media campaign
- Christian advertising
- Religion and spirituality media and blog outreach
- Email promotion to progressive Christian lists
- Included in newsletter to large congregations
- Author launch team

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Hardcover 5.5 x 8.5
240 pages
$27.99

Biography & Autobiography / Women
Biography & Autobiography / Religious
Religion / Spirituality
The Defiant Middle
How Women Claim Life’s In-Betweens to Remake the World

KAYA OAKES

Award-winning writer Kaya Oakes invites women facing the challenges of a life transition to learn from the strength and ingenuity of their predecessors throughout history to forge a new way of being in and remaking the world.

Women who don’t fit in amid cultural expectations because of life transitions or changes in their body, mind, or gender identity are carving out new ways of cultivating lives well lived. Drawing on the wisdom of women mystics, this book explores how transitional eras can be both spiritually challenging and excitingly freeing. Ultimately, we see how these in-between times lead us to reinvented ways of seeing ourselves and changing the world.

KAYA OAKES is an award-winning journalist and author of several books, including The Nones Are Alright and Radical Reinvention. She teaches writing at UC Berkeley, is a contributing writer for America magazine, and speaks on topics related to religion, writing, and feminism from coast to coast and abroad. She was born and raised in Oakland, California, where she still lives.
The narrative passed down to Christian women by patriarchal religion tells us we are bad and need someone outside ourselves to save us. We need a revolutionary new spirituality, and a revolutionary word to describe it: queendom. Telling the stories of some of the strongest women in all of Scripture, *Thy Queendom Come* offers us a new path forward. We can leave the narrow kingdom behind and embrace a more vibrant and just spiritual life.

**KYNDALL RAE ROTHHAUS** is an award-winning preacher, feminist theologian, certified spiritual director, storyteller, and spoken-word artist. She is the cofounder of Nevertheless She Preached, a national, ecumenical preaching event designed to elevate the voices of womxn on the margins. She lives in Texas.
ALICE CONNOR is an Episcopal priest and college chaplain. She is the author of *Fierce: Women of the Bible and Their Stories of Violence, Mercy, Bravery, Wisdom, Sex, and Salvation* and *How to Human: An Incomplete Manual for Living in a Messed-Up World*. Alice is a certified enneagram teacher and a stellar pie-maker. She lives for challenging conversations and has a high tolerance for awkwardness. She lives in Cincinnati with her husband, two kids, a dog, and no cats.

Following the success of *Fierce*, Alice Connor returns to introduce a new group of women from the Bible, including Rachel, Leah, Miriam, Esther, and Lydia. Skillfully drawn by the author, these women’s stories are messy, challenging, and beautiful. When we read their stories, we can see not only their particular, formidable lives but also our own.

**MARKETING**

- National print and online publicity
- National and local television and radio interviews
- Advertising and promotion with progressive Christian media
- Targeted digital and social media advertising
- Targeted publicity campaign to progressive Christian and women’s media, blogs, and podcasts
- Content marketing, including small-group discussion guide
- Direct promotions to congregational audiences
- ARCs available
- Author launch team

**Publication:** November 16, 2021

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Paperback 5.5 x 8.5

180 pages

$18.99

Religion / Christian Living / Women’s Interests

Religion / Biblical Meditations / General

Religion / Biblical Biography / General

**ALSO BY ALICE CONNOR**

**Fierce**

Women of the Bible and Their Stories of Violence, Mercy, Bravery, Wisdom, Sex, and Salvation

$18.99 | 978-1-5064-1070-8

Paperback | 5.5 x 8.5 | 192 pages

**How to Human**

An Incomplete Manual for Living in a Messed-Up World

$24.99 | 978-1-5064-4910-4

Hardcover | 5.5 x 8.5 | 150 pages
ROBERT HUDSON was a book editor for Zondervan for thirty-four years and is the author of the industry-standard Christian Writer’s Manual of Style. He has written several other books, including Kiss the Earth When You Pray; The Monk’s Record Player; The Art of the Almost Said; and The Poet and the Fly. He lives in Ada, Michigan.

Combining history, biography, spiritual reflection, skepticism, and humor, Robert Hudson takes readers on a journey of faith and understanding, exploring the broad cast of figures throughout post-resurrection history who claimed to have seen Jesus in the flesh.

Jesus ascended to heaven. End of story. But then how do we explain the Christians, in nearly every century since, who claimed to have seen, heard, met, and touched Jesus in the flesh? In Seeing Jesus, Robert Hudson ponders the larger-than-life characters throughout Christian history who have encountered the actual face of the resurrected Christ. Hudson details the awe-inspiring and sometimes seemingly absurd stories, from a surprise sighting of Jesus in a cup of coffee, to Christ appearing to Julian of Norwich during a life-threatening illness to assure her that “all manner of thing shall be well.”
Hidden Mercy
*AIDS, Catholics, and the Untold Stories of Compassion in the Face of Fear*

MICHAEL J. O’LOUGHLIN

An award-winning journalist and gay Catholic, Michael O’Loughlin uncovers the complex stories of the hidden Catholic response to the AIDS crisis of 1980s and 1990s America, and the lessons we can learn today.


MICHAEL J. O’LOUGHLIN is an award-winning journalist and the national correspondent for America Media. He is the host of the podcast *Plague: Untold Stories of AIDS and the Catholic Church*, recommended by *The New York Times* and featured on NPR. Prior to joining *America* magazine, O’Loughlin was a national reporter for *The Boston Globe*. He has written for *The Atlantic*, *The Washington Post*, *Foreign Policy*, *National Catholic Reporter*, and *The Advocate* and has been featured on MSNBC, Fox News, ABC, CBS, and NPR. He lives in Chicago.

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Hardcover 6 x 9
320 pages
$28.99

Social Science / LGBT Studies / General History / Social History
Health & Fitness / Diseases / AIDS & HIV

MARKETING

- National print and online publicity
- Targeted digital and social media advertising
- Niche media push to LGBTQ media, podcasts, and blogs
- Religion and spirituality media and blog outreach

New Cover to Come
The Peacemaker’s Path
*Multifaith Reflections to Deepen Your Spirituality*

**JERRY ZEHR**

An inspiring daily devotional that taps the connections between the world’s major religions, *The Peacemaker’s Path* invites readers to honor differences and create community in today’s divided world.

Now more than ever, people are painfully divided politically, religiously, and culturally. And yet, there is a commonality in our faith traditions that can help us create a greater sense of community in which our differences are honored. Through daily readings that explore the tenets, teachings, writings, and prayers of the world’s major religions, *The Peacemaker’s Path* shows us that we have much more in common than what divides us.

**JERRY ZEHR** is an ordained minister and has been a leader in interfaith ministries for over thirty years. He has helped create four interfaith organizations, including the Carmel Interfaith Alliance and the Indiana Multifaith Network. Jerry and his wife, Diane, have been married for over thirty-five years. He lives in Carmel, Indiana.

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Portraits of Peace
Searching for Hope in a Divided America
JOHN NOLTNER

In the style of Humans of New York, photographer John Noltner pairs captivating photographs with real-life stories to capture the shared humanity that unites us in the pursuit of peace in our divided nation.

Frustrated with an increasingly polarized society, award-winning photographer John Noltner set out on a road trip across the US to rediscover the common humanity that connects us by asking people the simple question “What does peace mean to you?” Through striking photographs and real-world stories, Portraits of Peace offers a uniquely human and accessible approach to conversations about the social issues that most challenge us today, creating a road map to a more peaceful future.

JOHN NOLTNER is a gifted storyteller and photographer who has worked on four continents, gathering accounts of human courage, grace, and resilience. His work has appeared in National Geographic Traveler, Forbes, Midwest Living, and New York Daily News. His series A Peace of My Mind has been produced as two award-winning books and four exhibits for presentations such as the Nobel Peace Prize Forum and the Gandhi-King Conference on Nonviolence. Originally from Bloomington, Minnesota, John has taken his life on the road full-time in search of stories of hope, healing, and transformation.

MARKETING

▸ National print and online publicity
▸ National and local television and radio interviews
▸ Trade advertising
▸ Targeted digital and social media campaign
▸ Religion and spirituality media and blog outreach
▸ Targeted publicity campaign to social justice magazines and blogs
▸ Author launch team

Publication: September 21, 2021
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Hardcover 7 x 9
200 pages
$27.99

Travel / Essays & Travelogues
Biography & Autobiography / Personal Memoirs
Photography / Subjects & Themes / Portraits & Selfies

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@apommstories @a-peace-of-my-mind-186355973157
Be the Brave One

*Living Your Spiritual Values Out Loud and Other Life Lessons*

**ANN KANSFIELD**

The first openly gay chaplain for the New York Fire Department and the inaugural *New York Times* New Yorker of the Year, Ann Kansfield animates her story of leaving behind life as a “run-of-the-mill capitalist jerk” while guiding and challenging readers to discover and live out their own spiritual values.

Wife, mother, pastor, chaplain, and spiritual leader—this is how Ann Kansfield describes herself today. But not long ago her life looked very different. An Ivy league grad and broker at one of the biggest firms on Wall Street, Kansfield was a rising star in a capitalist world. *Be the Brave One* is her quirky, down-to-earth account of learning to live her spiritual values, a narrative that challenges and invites readers to examine their own.

REV. ANN KANSFIELD was voted the inaugural *New York Times* New Yorker of the Year and is the first female and openly gay FDNY chaplain. A graduate of Columbia University, Kansfield followed the Ivy League crowd to Wall Street, until 9/11 happened and she realized she wanted more from life. She serves as co-pastor of the Greenpoint Reformed Church in Brooklyn, New York, with her wife, Rev. Jennifer Aull.
Messy Minimalism
Realistic Strategies for the Rest of Us
RACHELLE CRAWFORD
FOREWORD BY DENAYE BARAHONA

With authenticity, wit, and practical strategies that actually work, Rachelle Crawford, founder of Abundant Life with Less, helps readers declutter so that they can uncover what matters most.

Drowning in clutter and a crazy schedule, Rachelle Crawford assumed you had to be naturally organized to be tidy. Then she found messy minimalism, which is less about perfection and more about purpose. With empathy and humor, Crawford lays out strategies for curbing consumption, decluttering, and finding lots more joy. Becoming a messy minimalist is not about pristine countertops. It’s simply about carrying fewer things so that we find ourselves holding only what truly matters.

RACHELLE CRAWFORD curates the popular website Abundant Life with Less, where she makes minimalism doable by sharing inspiration and practical strategies for living with less stuff and more purpose. Her writing has been featured on Becoming Minimalist, (In)Courage, Raising Simple, and Becoming Unbusy. Crawford and her husband live with their three children in the suburbs of Lansing, Michigan.

abundantlifewithless.com  @abundantlifewithless  @abundantlifewithless

MARKETING
- National author speaking tour
- Trade advertising
- National print and online publicity
- National and local television and radio interviews
- Targeted digital and social media campaign
- Religion and spirituality media and blog outreach
- Niche publicity campaign to mom blogs, women’s media, and podcasts
- Author launch team
The Sacred Pulse
How Overwhelmed Souls Can Tap into Holy Rhythms

APRIL FIET

A thoughtful guide for people overwhelmed by hectic schedules, longing to renew their connections to God and others, and eager to tap into sacred rhythms that renew and refresh.

Contemporary life is leaving us frazzled, overwhelmed, and out of sorts. In *The Sacred Pulse*, pastor and author April Fiet invites us to examine the frantic patterns of perfection and production and to reclaim the deeper, sacred pulses that pattern our days. Through stories, scripture, and practical guidance for daily living, she lays out twelve practices that are both sustainable and sustaining so we can tap into the joyful, holy rhythms of life.

APRIL FIET co-pastors the First Presbyterian Church in Scottsbluff, Nebraska, where she lives with her family. She is a published writer who serves on the editorial board of *In All Things*. Her blog, *The Table with April Fiet*, focuses on the spirituality of everyday life.
Sometimes you have to leave, in order to come back to yourself. It is time to go on retreat. In plain-spoken prose that is rich with ideas, solid research, gentle suggestions, and compelling stories, Brie Doyle, founder of She Glows Retreats, covers the benefits of retreating, reminding us that our well-being is about more than a daily dose of kombucha or a fitness class.

She then details the logistics of going on retreat, what to expect while there, and how to make the most of what you’ve gained upon returning home.

**You Should Leave Now**

*Going on Retreat to Find Your Way Back to Yourself*

**BRIE DOYLE**

**FOREWORD BY CHRISTIANE NORTHRUP**

Written as if by a wise and cherished friend, Brie Doyle’s *You Should Leave Now* is a gentle, practical guide to drawing rich benefits—mental, emotional, and spiritual—from a personal retreat.

**MARKETING**

- National print and online publicity
- National and local television and radio interviews
- Trade advertising
- Targeted digital and social media campaign
- Niche publicity campaign targeting health and wellness media
- Blog and podcast promotional campaign
- Author launch team

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180 pages

$19.99

Self-Help / Spiritual

Religion / Spirituality

Body, Mind & Spirit / Mindfulness & Meditation

**BRIE DOYLE** is the founder of She Glows Retreats, LLC, hosting transformational retreats throughout the US and across the globe. She is a life coach who works with individuals, couples, and companies to promote mental and emotional wellness. Brie lives in Boulder, Colorado, with her husband and three kids.
All Who Are Weary
Easing the Burden on the Walk with Mental Illness
EMMY KEGLER

A hope-filled, compassionate look at the increasingly widespread struggle with mental illness and how faith, although far from a cure, can help lighten the load.

In All Who Are Weary, pastor Emmy Kegler joins the reader on the long walk of reflection, understanding, and compassion, calling followers of Jesus back to ancient practices of lament, vulnerability, honesty, community, and hope. Written with a wide community in mind—patients, but also parents and partners, coworkers and friends, pastors and therapists, and the whole church—All Who Are Weary points to the embodied grace known in Jesus, trusting in the promise of a lighter load for all.

EMMY KEGLER is a pastor, a speaker, and the author of One Coin Found: How God’s Love Stretches to the Margins. As both pastor and patient, Kegler works to normalize the experiences of depression, anxiety, and a host of other diagnoses and symptoms. She lives in Saint Paul, Minnesota.

ALSO BY EMMY KEGLER

One Coin Found
How God’s Love Stretches to the Margins
$18.99 | 978-1-5064-4821-3 | Paperback | 5.5 x 8.5 | 209 pages

MARKETING

▸ National print and online publicity
▸ National and local television and radio interviews
▸ Special outreach to mental health professionals, counselors, and therapists
▸ Advertising and promotion with progressive Christian media
▸ Targeted digital and social media advertising
▸ Targeted publicity campaign to progressive Christian media, blogs, and podcasts
▸ Direct promotions to congregational audiences
▸ ARCs available
▸ Author launch team

Publication: November 9, 2021
978-1-5064-6780-1
Paperback 5.5 x 8.5
200 pages
$18.99
Religion / Christian Living / Social Issues
Religion / Christian Living / Personal Growth
Self-Help / Mood Disorders / General
BREATHE PRAYER
An Ancient Practice for the Everyday Sacred

CHRISTINE VALTERS PAINTNER

Online abbess of Abbey of the Arts, Christine Valters Paintner introduces the ancient practice of breath prayer to today’s spiritual seekers, offering beautiful poem-prayers, reflections on life’s ordinary beauty, and heartfelt advice for discovering the sacred all around.

Christine Valters Paintner introduces us to the spiritual practice of breath prayer and offers beautiful poem-prayers for walking, working, dressing, cleaning, sitting in silence, doing the dishes, living in community—breathing the divine into our daily lives. Over time these recitations become as natural as breathing. We don’t so much recite the prayers as the prayers recite us, guide us, and open our hearts to the everyday sacred.

CHRISTINE VALTERS PAINTNER is the online abbess at the Abbey of the Arts, a virtual global monastery without walls. A writer, artist, spiritual director, retreat facilitator, and teacher, she earned her PhD in Christian spirituality from the Graduate Theological Union at Berkeley and is a Registered Expressive Arts Consultant and Educator (REACE). Paintner is author of The Artist’s Rule: Nurturing Your Creative Soul with Monastic Wisdom. She lives on the west coast of Ireland.

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**JON M. SWEENEY** is an award-winning contemporary spiritual writer. The author of thirty books including *The Complete Francis of Assisi*, he is considered the authoritative voice on the life and spirituality of Saint Francis. A Catholic, he is married to a rabbi, and their interfaith marriage has been profiled in national media. He lives in Milwaukee, Wisconsin.

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JENNIFER GRANT is the award-winning author of picture books for children and books for adults. Her books include Maybe God Is Like That Too, Maybe I Can Love My Neighbor Too, and When Did Everybody Else Get So Old? Grant’s work has appeared in Woman’s Day, Chicago Parent, Patheos, and her.meneutics, and she is a founding member of INK: A Creative Collective. She lives in Chicago with her husband and daughter.

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ANNE ELROD WHITNEY, PHD, is Professor of Education at Pennsylvania State University, where she teaches undergraduate and graduate courses in writing education, teacher education, and literacy studies. She lives in State College, Pennsylvania.

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