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Fortress Press	



Our books inspire transformation in readers and their communities to foster a more open, just, and compassionate world.

Rooted in the progressive Christian tradition and reflecting the diversity of human creativity, we publish books that engage readers in fresh, substantive, timely, and inspiring reflection on what it is to live with meaning and connection.

We are committed to publishing authors who bring thoughtful perspective to explorations in religion, spirituality, social justice, culture, and personal growth with credibility and authenticity.

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# **Unbossed** How Black Girls Are Leading the Way

KHRISTI LAUREN ADAMS

FOREWORD BY CHANEQUA WALKER-BARNES

Black women consistently show up and fight for the common good. Are we ready to learn from their leadership?

#### MARKETING

- National author speaking tour
- Targeted campaign to BIPOC media, podcasts, radio, print, and online outfits
- Special outreach for Women's History Month
- BIPOC bookseller partnership
- Events featuring the young Black leaders profiled in the book
- Marketing video featuring known author and speaker
- Awards campaign
- ARCs available
- Co-op is available

Publication: March 8, 2022 978-1-5064-7426-7 Paperback 5.5 x 8.5 208 pages \$18.99

BIO002010 BIOGRAPHY & AUTOBIOGRAPHY / Cultural, Ethnic & Regional / African American & Black SOC031000 SOCIAL SCIENCE / Discrimination BIO022000 BIOGRAPHY & AUTOBIOGRAPHY / Women Unbossed is a hopeful and riveting inquiry into the lives of eight young Black women who are agitating for change and imagining a better world. Offering practical lessons in leadership, resilience, empathy, and tenacity from a group of young leaders of color who are often neglected, *Unbossed* includes profiles of Jaychele Nicole Schenck, Ssanyu Lukoma, Tyah-Amoy Roberts, Grace Callwood, Hannah Lucas, Amara Ifeji, Stephanie Younger, and Kynnedy Smith.



KHRISTI LAUREN ADAMS is a speaker, advocate, ordained Baptist minister, and awardwinning author of *Parable of the Brown Girl*. She is the founder and director of The Becoming Conference, designed to empower, educate, and inspire teenage girls. Her ministry and youth advocacy have been featured on CNN, and her

work has appeared in *Huffington Post*, Off the Page, and the Junia Project. She is currently the Dean of Spiritual Life & Equity at The Hill School in Pottstown, Pennsylvania.

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#### ALSO AVAILABLE:

Parable of the Brown Girl 978-1-5064-5568-6 | Paperback 5.5 x 8.5 200 pages | \$18.99 Black Girls Unbossed 978-1-5064-7923-1 | Hardcover 7 x 9 88 pages | \$19.99 A Beaming Books Publication

## You Mean It or You Don't James Baldwin's Radical Challenge

JAMIE MCGHEE ADAM HOLLOWELL

### YOU MEAN IT or YOU DON'T

JAMIE McGHEE and ADAM HOLLOWELL

JAMES BALDWIN'S RADICAL CHALLENGE Today's progressives are challenged to move from conviction to action through this rich examination of the stirring words and wisdom of James Baldwin.

#### MARKETING

- National print and online publicity
- Trade advertising
- Publicity campaign targeting social justice and Black media
- Targeted digital and social media advertising
- Advertising and promotion with progressive Christian, social justice, and Black media channels
- Targeted blog and podcast outreach
- Author launch team
- ARCs available

Publication: June 14, 2022 978-1-5064-7894-4 Hardcover 6 x 9 200 pages \$24.99

SOC031000 SOCIAL SCIENCE / Discrimination BIO002010 BIOGRAPHY & AUTOBIOGRAPHY / CULTURAL, ETHNIC & REGIONAL / AFRICAN AMERICAN & BLACK REL012110 RELIGION / Christian Living / Social Issues It is not enough to hold progressive views on racial justice, LGBTQ+ identity, and economic inequality. Through a rich examination of James Baldwin's writing and interviews, *You Mean It or You Don't* spurs today's progressives from conviction to action, from dreaming of justice to living it out in our communities, churches, and neighborhoods.



JAMIE MCGHEE is a novelist, playwright, and essayist. For her fiction, she was named a James Baldwin Fellow in Saint-Paul de Vence, France, and a Sacatar Fellow in Itaparica, Brazil. She has also been awarded artist residencies at Blue Mountain Center in New York, Zentrum für Kunst Urbanistik in Germany, and Sa Taronja Associació Cultural in Spain. With ties to the eastern US, she is now based in Berlin, Germany.

🚺 jamie-mcghee.com



ADAM HOLLOWELL teaches ethics and inequality studies at Duke University, where he directs the Global Inequality Research Initiative at the Samuel DuBois Cook Center on Social Equity. He lives in Durham, North Carolina.



# Walking the Way of Harriet Tubman

Public Mystic and Freedom Fighter

THERESE TAYLOR-STINSON

Readers active in the fight for social justice will discover a profound path forward with this intimate look at the spiritual life of Harriet Tubman.

#### MARKETING

- National author speaking tour
- National print and online publicity
- Trade and Christian advertising
- Publicity campaign targeting social justice and Black media
- Targeted digital and social media advertising
- Author video interview
- Advertising and promotion with progressive Christian, social justice, and Black media
- Author launch team
- ARCs available

Publication: June 21, 2022 978-1-5064-7833-3 Hardcover 5 x 7 224 pages \$27.99

BIO002010 BIOGRAPHY & AUTOBI-OGRAPHY / Cultural, Ethnic & Regional / African American & Black OCC012000 BODY, MIND & SPIRIT / Mysticism HIS056000 HISTORY / African American The story of Harriet Tubman, freedom fighter, has been told countless times. This is not that story. In *Walking the Way of Harriet Tubman,* we meet Harriet, a deeply spiritual mystic who drew strength from Christian and African traditions. Just as Tubman's faith fueled an internal liberation that drove her in the fight for freedom, so can ours. As the luminous significance of Harriet Tubman's spiritual life is revealed, so too is the path to our own spiritual truth, advocacy, and racial justice as we follow in her footsteps—for Black lives and all people of color.



THERESE TAYLOR-STINSON is a writer, spiritual director, ordained deacon, and ruling elder in the Presbyterian Church (USA). A graduate of the Shalem Institute and a member of the Shalem Society for Contemplative Leadership, she is also the Founding Managing Member of the Spiritual Directors of Color Network, Ltd. Taylor-

Stinson is the editor of the award-winning collection *Ain't Gonna Let Nobody Turn Me Around*. Therese lives her life as a contemplative, and enjoys the natural world and the people and projects that are drawn to her as gifts. She and her husband live in Silver Spring, Maryland.

👩 sdcnetwork.org 😏 @SpiritWings11 🙆 @spir8wings 🚹 @ttaylorstinson



A BLACK WOMAN'S JOURNEY WITH DEPRESSION AND FAITH

MONICA A. COLEMAN

# FOREWORD BY THEMA BRYANT-DAVIS

#### MARKETING

- Print and online publicity
- Targeted digital and social media advertising
- Email marketing to extensive progressive Christian lists

Publication: Feburary 8, 2022 978-1-5064-8075-6 Paperback 6 x 9 350 pages \$19.99

BIO026000 BIOGRAPHY & **AUTOBIOGRAPHY / Personal Memoirs** BIO018000 BIOGRAPHY & **AUTOBIOGRAPHY / Religious** REL012110 RELIGION / Christian Living / Social Issues

# Bipolar Faith

A Black Woman's Journey with Depression and Faith

MONICA A. COLEMAN FOREWORD BY THEMA BRYANT-DAVIS

Now in paperback, Coleman's beautifully haunting memoir examines her long dance with trauma and mental illness to a new and redemptive vision of God.

Part spiritual autobiography and part memoir of mental illness, Bipolar Faith examines how the legacies of slavery, war, sharecropping, poverty, and alcoholism mask a family history of mental illness. In gripping fashion Monica A. Coleman tells the story of learning to live faithfully with bipolar disorder and discovering a liberating vision of God.

Winner of the Silver Illumination Award.

MONICA A. COLEMAN is Professor of Africana Studies at the University of Delaware, where she works with projects in public humanities. She was named one of Sojourners' 10 Christian women to watch in 2018. Coleman's writing covers Black and womanist theologies, Indigenous spirituality, and religious pluralism. She speaks widely on mental wellness, navigating change, religious diversity, and advocating for survivors of sexual and domestic violence. Coleman lives in Wilmington, Delaware.

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@revdrmonica



# A Complicated Choice

Making Space for Grief and Healing in the Pro-Choice Movement

#### KATEY ZEH

# FOREWORD BY ALEXIS MCGILL JOHNSON

A call for progressives to move beyond the rhetoric of debate and make room for the emotional complexities of our reproductive lives, adopting a posture of empathy for the complicated feelings that are often part of abortion experiences.

#### MARKETING

- National print and online publicity
- Trade advertising
- Speaking engagements at progressive Christian and pro-choice venues
- Publicity campaign targeting progressive Christian, women's, and health media
- Targeted digital and social media campaign
- Advertising and promotion with progressive Christian and women's media
- Targeted blog and podcast outreach
- Author launch team
- ARCs available

Publication: January 18, 2022 978-1-5064-7349-9 Hardcover 6 × 9 200 pages \$26.99

REL012110 RELIGION / Christian Living / Social Issues SOC046000 SOCIAL SCIENCE / Abortion & Birth Control REL012130 RELIGION / Christian Living / Women's Interests Abortion stigma is ubiquitous, even among those who identify as pro-choice. We have not always been supportive of people who have abortions, especially those whose experiences are complicated and involve grief and loss. *A Complicated Choice* brings readers along on the journeys of those who have had abortions, centering the lived experience. In so doing, Rev. Katey Zeh opens us to the complexities of our reproductive lives and invites us to a spiritual response rooted in compassion.



**KATEY ZEH** is an ordained Baptist minister and CEO of the Religious Coalition for Reproductive Choice. She is the author of *Women Rise Up* and a co-host of the *Kindreds* podcast. The Center for American Progress named her one of their top justice-seeking faith leaders to watch, and she is a member of Planned Parenthood's Clergy

Advocacy Board. Zeh has written for many outlets including the *Huffington Post, Sojourners, Fidelia's Sisters, Religion News Service, Rewire,* and *Religion Dispatches,* and her advocacy work has been featured in *The Washington Post, The Nation,* and *VICE News.* She lives with her family in North Carolina.

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### DIETRICH BONHOEFFER

DSalms

#### NEW INTRODUCTION BY WALTER BRUEGGEMANN

### **Psalms** *The Prayer Book of the Bible*

DIETRICH BONHOEFFER

INTRODUCTION BY WALTER BRUEGGEMANN

Now in hardcover with a new introduction by theologian and biblical scholar Walter Brueggemann, Dietrich Bonhoeffer's classic reflection on the integral role of the Psalms to our prayer life offers ancient wisdom and insight for people of faith today.

#### MARKETING

- National print and online publicity
- Advertising through Christian channels
- Targeted digital and social-media advertising
- Email marketing to extensive church lists
- Included in newsletters to large congregations
- Religion and spirituality media and blog outreach
- ARCs available

Publication: April 5, 2022 978-1-5064-8019-0 Hardcover 5 x 7 128 pages \$15.99

REL012080 RELIGION / Christian Living / Prayer REL006740 RELIGION / Biblical Studies / Old Testament / Poetry & Wisdom Literature REL006120 RELIGION / Biblical Meditations / Old Testament In 1940, just before the Nazis banned him from publishing, Dietrich Bonhoeffer published this book of reflections on the Psalms. Now in hardcover with a new introduction by Walter Brueggemann and excerpts from the Psalms, this classic reveals the Psalms as essential to the life of the believer and offers wisdom for living today.

**DIETRICH BONHOEFFER** was one of the most significant Protestant theologians of the twentieth century. His resistance against Nazism and pivotal role in the Confessing Church movement have been key points of illumination for many on the nature of Christian political witness and action. As a professor, seminary leader, and ecumenical theologian, Bonhoeffer's work also profoundly shaped academic theology, especially systematic theology, and the life of the church.



WALTER BRUEGGEMANN is William Marcellus McPheeters Professor of Old Testament Emeritus at Columbia Theological Seminary and the author of numerous books including, from Fortress Press, *The Prophetic Imagination*; *Theology of the Old Testament*; and *The Message of the Psalms*. Brueggemann lives in Traverse City, Michigan.



# Salty

Lessons on Eating, Drinking, and Living from Revolutionary Women

#### ALISSA WILKINSON

Film critic and food writer Alissa Wilkinson gathers a hypothetical table of sharp and subversive twentieth-century women to explore the question of how our relationship to eating and drinking can ground us, sustain us, and connect us as we strive to make the world a better place.

#### MARKETING

- National print and online publicity
- Trade advertising
- Targeted digital and social media campaign
- Publicity campaign targeting women's and food media
- Outreach to women's and food blogs and podcasts
- Author launch team
- ARCs available

Publication: June 21, 2022 978-1-5064-7355-0 Hardcover 5.5 x 8.5 208 pages \$25.99

BIO022000 BIOGRAPHY & AUTOBIOGRAPHY / Women CKB030000 COOKING / Essays & Narratives SOC028000 SOCIAL SCIENCE / Women's Studies If you could have a dinner party with anyone dead or alive, who would it be?

That's the question Alissa Wilkinson answers as she gathers a hypothetical table of women who challenged norms and defied conventional wisdom. Join Ella Baker, Alice B. Toklas, Hannah Arendt, Octavia Butler, Agnes Varda, Elizabeth David, Edna Lewis, Maya Angelou, and Laurie Colwin at the table, and learn how to live with courage, smarts, saltiness, and sometimes feasting—even in uncertain times.



ALISSA WILKINSON is a film, culture, and food writer. She is currently the senior culture reporter at Vox.com, as well as an associate professor at The King's College. She was a writing fellow at the Sundance Institute's Art of Nonfiction initiative and has written for *Rolling Stone, The Atlantic, The Washington Post*, and *Los* 

Angeles Review of Books. Wilkinson is a frequent guest commentator on various media, including PBS Newshour, NPR's Morning Edition, All Things Considered, and On Point. She lives in Brooklyn, New York.

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### Stepmother Redeeming a Disdained Vocation

DOROTHY C. BASS

Stepmother and spiritual writer Dorothy C. Bass explores the emotional and spiritual work required of those who find themselves in the oft-maligned role, offering openness, authenticity, and a posture of grace.

#### MARKETING

- National print and online publicity
- Trade advertising
- Publicity campaign targeting women's and parenting media with a Mother's Day push
- Targeted digital and social media advertising, including author video tips
- Media outreach to parenting blogs and podcasts
- Advertising and promotion through progressive Christian channels
- Author launch team
- ARCs available

Publication: April 19,2022 978-1-5064-7867-8 Hardcover 5 x 7 208 pages \$26.99

FAM042000 FAMILY & RELATIONSHIPS / Parenting / Stepparenting OCC019000 BODY, MIND & SPIRIT / Inspiration & Personal Growth FAM013000 FAMILY & RELATIONSHIPS / Conflict Resolution Every year more American women become stepmothers, just as Dorothy Bass did. In *Stepmother*, Bass explores the complex emotional, material, and spiritual terrain we share with our stepchildren, and with their other parents. Brimming with practical insights from sociology, history, and clinical studies, *Stepmother* points readers to the central necessary work—the work done in our own heart—opening us to the love and mercy often born from unexpected relationships, making way for constructive family dynamics.



**DOROTHY C. BASS** is a practical theologian, historian, mother, grandmother, and stepmother. During twenty-five years as director of the Valparaiso Project on the Education and Formation of People in Faith, a Lilly Endowment project supporting the renewal of Christian theology and life, she

wrote, edited, or coedited more than a dozen books. She has spoken widely on vocation and spirituality.



NICOLE SCHWARZ, LMFT Foreword by Rebecca Eanes

### It Starts with You

How Imperfect Parents Can Find Calm and Connection with Their Kids

NICOLE SCHWARZ FOREWORD BY REBECCA EANES

Parent coach and founder of Imperfect Families, Nicole Schwarz offers parents grace-based positive parenting strategies that start with our own emotional health so we can raise calm and connected kids.

MARKETING

- National print and online publicity
- Trade advertising
- Author parenting video tips surrounding book launch
- Virtual events
- Targeted digital and social advertising
- Outreach to parenting media, blogs, and podcasts
- Advertising and promotion through progressive Christian and parenting media channels
- Promotion through author's popular parenting newsletter and online channels
- Author launch team
- ARCs available

Publication: February 15, 2022 978-1-5064-7247-8 Paperback 5.5 x 8.5 261 pages \$17.99

FAM034000 FAMILY & RELATIONSHIPS / Parenting / General REL012160 RELIGION / Christian Living / Parenting SEL031000 SELF-HELP / Personal Growth / General As parents, we want to shape our children into emotionally mature and healthy human beings. But we cannot effectively shape our children's emotional well-being until we've addressed our own traumas and emotional needs. In *It Starts with You,* marriage and family therapist and parent coach Nicole Schwarz encourages us to explore how our history, thoughts, and assumptions impact our parenting decisions. Moving away from traditional discipline strategies, Schwarz focuses on the importance of having a calm brain, connected relationships, respectful conversations, and a coaching mindset. Our kids do not need perfect parents, but parents who are willing to learn, grow, and move forward with them in a positive direction.



NICOLE SCHWARZ is a Licensed Marriage and Family Therapist and parent coach with over fifteen years of experience working with families and children in various settings. She is the owner of Imperfect Families, LLC, coaching parents to use positive, respectful parenting strategies. She lives in St. Louis, Missouri, with

her husband and three daughters.

🕢 imperfectfamilies.com 🛛 🧕 @imperfectfamilies 🕤 @imperfectfamilies



# The Mindful Grandparent

The Art of Loving Our Children's Children

SHIRLEY SHOWALTER MARILYN MCENTYRE

Inspiration, guidance, and practical ideas to equip grandparents as they seek to build strong relationships with their grandchildren.

#### MARKETING

- National print and online publicity campaign
- Facebook Live events and inperson events with known authors
- Targeted digital and social-media advertising to grandparents
- Promotion through AARP
- Author launch teams
- ARCs available
- Co-op is available

Publication: May 3, 2022 978-1-5064-6806-8 Hardcover 5.5 x 8.5 256 pages \$26.99

FAM022000 FAMILY & **RELATIONSHIPS / Parenting /** Grandparenting REL012030 RELIGION / Christian Living / Family & Relationships FAM005000 FAMILY & **RELATIONSHIPS / Life Stages /** Later Years

Grandparenting is a sacred, challenging, and sometimes bewildering calling. As educators, writers, and grandmothers with twelve grandchildren between them, Marilyn McEntyre and Shirley Showalter team up to share practices, tips, and ideas for grandparenting with intention and grace.



**SHIRLEY SHOWALTER** is an award-winning educator, author, speaker, and grandmother. With a PhD from the University of Texas at Austin, Showalter served as a professor and then president of Goshen College in Indiana and as a foundation executive at the Fetzer Institute in Michigan. She and her husband live in Lititz, Pennsylvania.





MARILYN MCENTYRE is an award-winning spiritual writer, speaker, grandmother, and professor of medical humanities and American literature. She has written and edited over twenty books and has won several teaching awards. McEntyre currently teaches at the Graduate Theological Union, Berkeley, and at Westmont College in San

Francisco. She lives in Carmichael, California.

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### This Book Won't Make You Happy Eight Keys to Finding True Contentment

3

NIRO FELICIANO

Therapist Niro Feliciano offers research-based practices to cultivate balance and calm, allowing readers to attain true contentment, rather than short-lived happiness.

#### MARKETING

- National print and online publicity
- Trade advertising
- Publicity campaign targeting women's and health media
- Targeted digital and social media advertising
- Blog and podcast promotional campaign targeting health and women's media
- Author launch team
- ARCs available

Publication: April 5, 2022 978-1-5064-8041-1 Hardcover 5.5 x 8.5 224 pages \$26.99

SEL016000 SELF-HELP / Personal Growth / Happiness HEA009000 HEALTH & FITNESS / Healing REL012070 RELIGION / Christian Living / Personal Growth When people find out she is a therapist, Niro Feliciano knows she isn't going anywhere anytime soon. At soccer games, at cocktail parties, in waiting rooms, people corner her and ask: Why am I so stressed? Is the way I feel normal? Why can't I just be happy?

The truth is happiness is fleeting, and we are stressing ourselves out trying to achieve it. *This Book Won't Make You Happy* offers a path, instead, to contentment, a deeper, more satisfying state of living. By embracing eight simple, research-based postures we can move away from anxiety toward balance and calm.



NIRO FELICIANO is a psychotherapist, podcast host, national media commentator, and expert on anxiety, brain science, and spirituality. She holds a master's degree in social work from Columbia University and is a columnist for *Psychology Today*. A first-generation Sri Lankan American, she lives with her family in Fairfield County, Connecticut.

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Take What Jon Need Under Life Lessons Afer Life Lessons Afer Losing Everything

## Take What You Need

Life Lessons after Losing Everything

JEN CROW

Punctuated by the author's experience losing all of her possessions in a fire, this survival guide, spiritual companion, and a light in the dark offers hope, humor, and real-life spiritual tools to meet the hardest moments of our lives.

#### MARKETING

- National print and online publicity
- Targeting digital and social media advertising
- Publicity campaign targeting health, Mind Body Spirit, and LGBTQ media
- Religion and spirituality media, podcast, and blog outreach
- Author launch team
- ARCs available

Publication: March 22, 2022 978-1-5064-6861-7 Hardcover 5 x 7 200 pages \$24.99

OCC019000 BODY, MIND & SPIRIT / Inspiration & Personal Growth SEL031000 SELF-HELP / Personal Growth / General REL103000 RELIGION / Unitarian Universalism As Jen Crow and her family sifted through the rubble of a house fire, the mantra "Take what you need and leave the rest behind" took on a new meaning. In *Take What You Need* Crow opens new perspectives for all of us looking to understand our past, our unexpected suffering, our failures, so we too can begin charting a course forward—one drawn from resilience and hope.



JEN CROW serves as Senior Minister at the First Universalist Church of Minneapolis. She is the founder of Wellspring, a Unitarian Universalist program of spiritual deepening used across the country. Her commitment to recovery, spirituality, transformative love, and authenticity is at the center of her life and work. She lives

with her wife and kids in Minneapolis, Minnesota.

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# The Enneagram for Black Liberation

Return to Who You Are Beneath the Armor You Carry

CHICHI AGOROM

This fascinating book uses the Enneagram as a tool to help Black readers remember our wholeness and worth that existed long before systems of supremacy told us we were not enough.

#### MARKETING

- National print and online publicity
- Digital and social-media campaign targeting those interested in the Enneagram
- Religion and spirituality media and blog outreach
- Publicity push with BIPOC media
- Displays, speaking engagements, and signings at Enneagram conferences
- ARCs available
- Author launch team

Publication: March 29, 2022 978-1-5064-7896-8 Hardcover 5.5 x 8.5 256 pages \$24.99

SEL031000 SELF-HELP / Personal Growth / General PSY023000 PSYCHOLOGY / Personality SOC070000 SOCIAL SCIENCE / Race & Ethnic Relations For Black women, our Enneagram personality types are more than just our way of being in the world—they are a reflection of the armor we use to protect ourselves. This book offers practices for building a sense of self separate from that armor, while working to dismantle the systems that require them to stay constantly armored up. Certified Enneagram teacher Chichi Agorom takes us through each of the nine Enneagram types, along with stories of Black women who identify with them, to illustrate the stories people must tell themselves in order to feel safe. Centering freedom, ease, and rest for Black women, Agorom invites each of us to claim the Enneagram as a tool for resiliencebuilding in the continued fight for liberation.



**CHICHI AGOROM**, Certified Enneagram Teacher with The Narrative Enneagram, writer, and psychotherapist, is a lifelong student of what it means to be fully human. She holds a master of arts in Clinical Mental Health Counseling from Denver Seminary and a postmaster's certificate in Marriage and Family Therapy. She lives in Los Angeles.

(I) @theenneagramforblackliberation



# **Body Becoming**

A Path to Our Liberation

#### **ROBYN HENDERSON-ESPINOZA**

Mixing memoir and theory, trans, nonbinary, multiracial activist and public theologian Robyn Henderson-Espinoza presents the power of embodiment for not only personal growth but lasting social change.

#### MARKETING

- National print and online publicity
- Trade advertising
- Author event support
- National and local television and radio interviews
- Targeted digital and social advertising
- Publicity campaign targeting social justice and LGBTQ+ media, blogs, and podcasts
- Advertising and promotion through social justice, progressive Christian, and LGBTQ channels
- Author launch team
- ARCs available

Publication: March 29, 2022 978-1-5064-7357-4 Hardcover 5.5 x 8.5 226 pages \$27.99

SOC064020 SOCIAL SCIENCE / LGBT Studies / Transgender Studies BIO031000 BIOGRAPHY & AUTOBIOGRAPHY / LGBT REL067000 RELIGION / Christian Theology / General Activist and public theologian Robyn Henderson-Espinoza inhabits a trans, nonbinary, multiracial body—a body continually in discovery. Theirs is also a body on sojourn invested in experience, body understanding, and engagement in and for human thriving. Mixing memoir and faith, somatics theory and body practice, Henderson-Espinoza steers us through territory both familiar and difficult—as we discover embodiment as the primary place of deep wisdom, where culture shifts originate and materialize—and a better world becomes, as we too become.



**DR. ROBYN HENDERSON-ESPINOZA** is a transqueer activist, Latinx scholar, and public theologian. They are the founder of the Activist Theology Project, a collaborative project committed to the collective work of social healing, and author of *Activist Theology*. A thought-leader, teacher, ethicist, and poet of

moral reason, Henderson-Espinoza is a visionary thinker working at the forefront of movements dismantling supremacy culture and bridging radical difference. They live in Nashville, Tennessee.

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# After Trauma

Lessons on Overcoming from a First Responder Turned Crisis Counselor

ALI W. ROTHROCK

An engaging exploration of the ways ordinary people find strength to keep going.

#### MARKETING

- National print and online publicity
- National and local television and radio interviews
- Trade advertising
- Targeted digital and social media campaign
- Co-op is available
- Blog and podcast promotional campaign
- Author launch team

Publication: April 12, 2022 978-1-5064-8063-3 Hardcover 5.5 x 8.5 240 pages \$24.99

SEL043000 SELF-HELP / Post-Traumatic Stress Disorder (PTSD) PSY036000 PSYCHOLOGY / Mental Health BIO036000 BIOGRAPHY & AUTOBIOGRAPHY / Fire & Emergency Services From a young age, Ali Rothrock fell head over heels in love with firefighting. But when she entered the fire service, constant microaggressions, overt sexism, and instances of sexual violence eventually resulted in a diagnosis of posttraumatic stress disorder. Since then, Rothrock has worked as a domestic violence and sexual assault counselor, and as a crisis counselor for first responders.

*After Trauma* offers lessons to help readers overcome their own trauma, including concrete and actionable advice on how to re-story a life after adversity. We all have the ability to redefine ourselves, to feel hope about what lies ahead, and to choose our own way forward.



ALI W. ROTHROCK is a leading voice in trauma recovery and mental health nationwide. She is the founder and CEO of On the Job and Off, and the executive director for First Responders Care. Rothrock is a Certified Trauma Responder through the Association of Traumatic Stress Specialists, and a Behavioral

Health Specialist with the Medical Reserve Corps. She lives in Pennsylvania with her husband.



# Blessings for the Long Night

Poems and Meditations to Help You through Depression

#### **JESSICA KANTROWITZ**

Jessica Kantrowitz offers a beautiful collection of poems and meditations for those experiencing the long night of depression, which can serve as a companion to The Long Night or stand on its own as a source of comfort and support.

#### MARKETING

- National print and online publicity
- Targeted digital and social-media advertising
- Publicity campaign targeting mental health media
- Religion and spirituality media and blog outreach
- Author launch team
- ARCs available

Publication: April 19, 2022 978-1-5064-8039-8 Hardcover 4.5 x 7.25 180 pages \$18.99

OCC010000 BODY, MIND & SPIRIT / Mindfulness & Meditation POE003000 POETRY / Subjects & Themes / Inspirational & Religious SEL011000 SELF-HELP / Mood Disorders / Depression

From the author of The Long Night comes a meaningful and heartfelt collection of poems and meditations for those experiencing the long night of depression, when the days and weeks can feel like an eternity. Jessica Kantrowitz's moving poetry acknowledges the pain and relentlessness of depression and offers gentle presence and hope. The message, repeated and built on throughout the book, is simply, "You are not alone, you are loved, and this will not last forever."



JESSICA KANTROWITZ is the author of The Long Night and 365 Days of Peace. She writes about theology, culture, social justice, and chronic illness, including her own struggles with depression and migraines. She worked as a storyteller for Together Rising, and her writing has been featured in The Salt Collective, Faithlife

Blog, Sojourners, and The Madeline L'Engle Blog. She lives in Boston, Massachusetts.



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ALSO AVAILABLE:

The Long Night 978-1-5064-5664-5 | Hardcover 5 x 7 | 200 pages | \$21.99



### Gutsy Mindfulness

Mindfulness Practices for Everyday Bravery

LEAH KATZ

Drawing on clinical expertise and personal experience, Dr. Leah Katz offers practical wisdom and thoughtful exercises to help women trust their inner wisdom and make brave choices to live fuller lives.

#### MARKETING

- Publicity campaign targeting women's and self-help media, as well as Jewish media
- Pitch for inclusion in Jewish bookfairs
- Targeting digital and social-media advertising
- Media push to women's and self-help blogs and podcasts
- Author launch team
- ARCs available

Publication: May 3, 2022 978-1-5064-8164-7 Hardcover 5.5 x 8.5 260 pages \$24.99

SEL031000 SELF-HELP / Personal Growth / General SEL032000 SELF-HELP / Spiritual OCC010000 BODY, MIND & SPIRIT / Mindfulness & Meditation Women are too often trained out of feeling confident in the wisdom we hold inside. Instead, we are handed down a set of expectations about our bodies, our disposition, our religious identification, our sexual orientation, our mothering, and our career choices. Drawing on her clinical experience and her personal story of leaving her ultra-Orthodox Jewish faith and culture, Dr. Leah Katz shows us how to set aside unrealistic expectations and trust our inner wisdom, making brave leaps in the search for fulfillment. It's time to get gutsy and create the rich, vibrant life we have always wanted.



**LEAH KATZ, PHD,** is a clinical psychologist who specializes in working with teenagers and women. With a focus on treating anxiety and depression, she uses a combination of cognitive behavioral, ACT, and mindfulness techniques in her therapy work. Katz writes regularly for PsychologyToday.com, and her work has been

featured in *The Jewish Review*, *The Huffington Post*, and *The Zoe Report*. She lives in Portland, Oregon, but is an East Coaster at heart.

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## More of You

*The Fat Girl's Field Guide to the Modern World* 

#### AMANDA MARTINEZ BECK

Practical wisdom on navigating a thin-obsessed world, finding the courage to take up space, and learning to thrive in a fat body.

#### MARKETING

- National print and online publicity
- Appearances and events with known author and body peace coach
- Targeted publicity campaign to wellness and body positivity media and blogs
- Targeted digital and social-media campaign
- Religion and spirituality media and blog outreach
- Trade and Christian advertising
- Author launch team tapping author's highly engaged audience

Publication: May 24, 2022 978-1-5064-7424-3 Hardcover 5.5 x 8.5 200 pages \$24.99

HEA024000 HEALTH & FITNESS / Women's Health REL012110 RELIGION / Christian Living / Social Issues SEL023000 SELF-HELP / Personal Growth / Self-Esteem Too often, fatness has been viewed as a moral failing. *More* of You will challenge that status quo, teaching readers to resist the shame and guilt that is pressed onto them by the world and instead to embrace their bodies, take up space, and flourish. With wit and candor, Amanda Martinez Beck, a fat woman herself, compiles her hard-won wisdom to focus on three categories—fat at home, fat in public, and fat at the doctor—addressing real needs in the fat acceptance community, from how to find self-love in a thin-obsessed world to advocating for equality and justice for fat women's medical care.



AMANDA MARTINEZ BECK is a fat activist and body peace coach specializing in the intersection of human dignity, body liberation, and religion. She is the author of *Lovely: How I Learned to Embrace the Body God Gave Me* and the co-creator and cohost of the Fat & Faithful podcast. She began the @your\_body\_is\_good

Instagram account to teach herself and others that the purpose of the human body is connection, not perfection. Her writing has been featured in various outlets, including *Christianity Today* and *America* magazine. She lives in Texas with her family.

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# It's Not You, It's Everything

What Our Pain Reveals about the Anxious Pursuit of the Good Life

#### ERIC MINTON

A psychotherapist and former pastor offers a powerful blend of psychology, cultural critique, and spirituality to help readers understand their "not-okayness" as a symptom of our broken culture and systems rather than a damaged self.

#### MARKETING

- National print and online publicity
- Trade advertising
- Publicity campaign targeting mental health and progressive Christian media
- Targeted digital and social media advertising
- Religion and spirituality media, podcast, and blog outreach
- Author launch team
- ARCs available

Publication: May 10, 2022 978-1-5064-7191-4 Hardcover 5.5 x 8.5 208 pages \$24.99

REL012070 RELIGION / Christian Living / Personal Growth SEL016000 SELF-HELP / Personal Growth / Happiness SOC022000 SOCIAL SCIENCE / Popular Culture If we can agree on anything, it's that we are not okay. But what if it's not us? What if it's . . . well, everything? *It's Not You, It's Everything* is an incisive, impertinent, and witty inquiry into the anxious pursuit of happiness. Psychotherapist Eric Minton helps readers rethink everything we thought we knew about God, depression, and culture to find a radical "okayness" that will set us free.



**ERIC MINTON** is a writer, ordained Baptist minister, and psychotherapist specializing in marriage and family therapy. He has a family therapy practice in Knoxville, Tennessee, and provides coaching and consultation for pastors, nonprofit leaders, businesspeople, and institutions, helping them foster better ways of

living, working, and serving together. Minton's work has appeared in Sojourners, Geez magazine, Baptist News Global, and Red Letter Christians.





# **Becoming Rooted**

One Hundred Days of Reconnecting with Sacred Earth

RANDY WOODLEY

Through one-hundred meditations, activist, scholar, and Cherokee descendent Randy Woodley guides readers into the Indigenous worldview of the harmony way, inviting us to tend to our deep roots in the land around us and in Creator.

#### MARKETING

- National review coverage
- Publicity campaign targeting environmental and climate justice media
- Regional event support in Portland, OR area
- Targeted digital and social-media campaign
- Advertising through social justice publications
- Religion and spirituality media, blog, and podcast outreach
- Author launch team
- ARCs available

Publication: January 4, 2022 978-1-5064-7117-4 Hardcover 5 x 7 256 pages \$19.99

REL029000 RELIGION / Ethnic & Tribal NAT010000 NATURE / Ecology REL062000 RELIGION / Spirituality What does it mean to become rooted in the land? How can we become better relatives to our greatest teacher, the Earth? Randy Woodley, an activist, scholar, and Cherokee descendant, recognized by the Keetoowah Band, guides us on a one-hundred-day journey to reconnect with the land around us, with the people native to that land, and with ourselves. Meditations, epigraphs, and ideas for reflection and action help us become rooted in our relationship with creation and Creator.



**REV. DR. RANDY WOODLEY** is an activist, scholar, author, teacher, wisdom-keeper, and Cherokee descendant, recognized by the Keetoowah Band, who speaks on justice, faith, the Earth, and Indigenous realities. He is the author of numerous books, including *Shalom and the Community of Creation* and *Living in Color*. He

and his wife, Edith, co-sustain Eloheh Indigenous Center for Earth Justice and Eloheh Farm & Seeds outside Portland, Oregon.

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# All the Ways Our Dead Still Speak A Funeral Director on Life, Death, and the Hereafter CALEB WILDE

# All the Ways Our Dead Still Speak

A Funeral Director on Life, Death, and the Hereafter

CALEB WILDE

Caleb Wilde, author of the beloved *Confessions of a Funeral Director,* weaves together stories from his work caring for the dead, and with the grieving families they leave behind, to explore the thin places between life and death and all the ways our dead remain with us.

#### MARKETING

- National author speaking tour
- Trade advertising
- National print and online publicity
- Targeted digital and social media adverting
- Publicity campaign targeting grief, health, mind, body, spirit, and Christian media
- Religion and spirituality media, podcast, and blog outreach
- Advertising through Christian and mind, body, spirit channels
- ARCs available
- Author launch team

Publication: May 24, 2022 978-1-5064-7161-7 Hardcover 5.5 x 8.5 242 pages \$26.99

PSY052000 PSYCHOLOGY / Grief & Loss REL012010 RELIGION / Christian Living / Death, Grief, Bereavement BIO026000 BIOGRAPHY & AUTOBIOG-RAPHY / Personal Memoirs What if our dead remain with us? What if the hereafter intersects with the here and now? In *All the Ways Our Dead Still Speak*, sixth-generation funeral director Caleb Wilde takes readers on a lyrical, tender quest to encounter the hereafter. Through stories of grieving family members who remain, we witness the thin places between life and death. Entwining these stories with the findings of neuroscience and the solace of faith, Wilde creates a searching, reverent inquiry into all the ways our dead remain with us. In the pages of this unforgettable book, learn how love and memory and mystery fuse this world to the next.



**CALEB WILDE** is the award-winning author of *Confessions of a Funeral Director* and a sixthgeneration funeral director. He and his work have been featured in top media outlets including *The Atlantic, Time, The Washington Post, Salon, Forbes, NPR, NBC, ABC's 20/20, and Vice.* He has a master's degree in theology and is pursuing

a doctorate in theology. Wilde and his family live in Parkesburg, Pennsylvania.



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# Saints of Feather and Fang

*How the Animals We Love and Fear Connect Us to God* 

#### CARYN RIVADENEIRA

A whimsical and clever look at the ways that animals, both domestic and wild, serve as spiritual guides for our hearts, minds, and souls, shared through a combination of lived experiences, Bible stories, and science.

#### MARKETING

- National print and online publicity
- Targeted digital and social media advertising
- Niche publicity campaign targeting environmental and wildlife media
- Religion and spirituality media, podcast, and blog outreach
- Advertising through progressive Christian channels
- Email marketing to extensive progressive Christian lists
- Author launch team
- ARCs available

Publication: April 19, 2022 978-1-5064-7208-9 Hardcover 5.5 x 8.5 208 pages \$22.99

NAT001000 NATURE / Animals / General REL012040 RELIGION / Christian Living / Inspirational PET010000 PETS / Essays & Narratives From sheepdogs to wombats to coyotes to jellyfish, animals serve important biological roles in the world. But those who love animals know there's more. We know our connection to other creatures is more than fur, scale, or feather deep. In *Saints of Feather and Fang*, writer and lifelong animal lover Caryn Rivadeneira explores the ways that animals from the pets in our homes to the mysterious creatures of the deep—serve as spiritual guides for our hearts, minds, and souls. Rivadeneira offers whimsical and theological reflections on delight, instinct, adaptation, fear, and awe, leading us to discover and connect with the God who beckons, rescues, and shelters us with stretched-out wings.



**CARYN RIVADENEIRA** is the acclaimed author of seventeen books for children and adults, including the multi-award-winning Helper Hounds series. Her work has appeared in *The Washington Post, Christianity Today, Sojourners, Relevant, Aleteia*, and many more. She is a member of INK: A Creative Collective and the

Society of Children's Book Writers and Illustrators. Caryn lives in the suburbs of Chicago with her family and their beloved rescue pit bulls.

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