



Broadleaf BOOKS

An imprint of 1517 Media

spring
2021

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Broadleaf Books

Our books inspire transformation in readers and their communities to foster a more open, just, and compassionate world.

Rooted in the progressive Christian tradition and reflecting the diversity of human creativity, we publish books that engage readers in fresh, substantive, timely, and inspiring reflection on what it is to live with meaning and connection.

We are committed to publishing authors who bring thoughtful perspective to explorations in religion, spirituality, social justice, culture, and personal growth with credibility and authenticity.

Broadleaf Books is the new adult nonfiction imprint of 1517 Media.

The other imprints of 1517 Media include Beaming Books, Augsburg Books, Fortress Press, Augsburg Fortress, and Sparkhouse.

For more information, visit 1517.media.



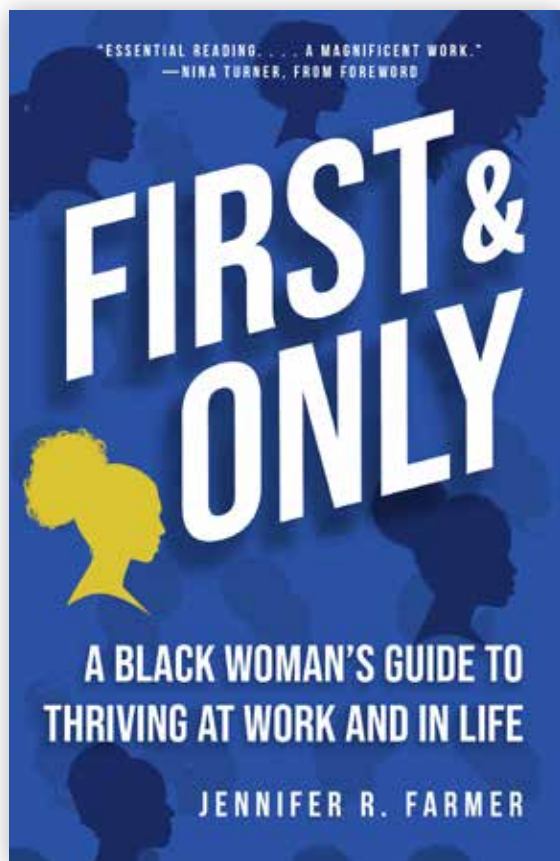
Augsburg Books 

fp fortress press

 AUGSBURG FORTRESS

SPARK
HOUSE

World licensing rights are available unless otherwise noted.



First and Only

A Black Woman's Guide to Thriving at Work and in Life

JENNIFER R. FARMER

FOREWORD BY NINA TURNER

Black entrepreneur, trainer, and activist Farmer offers strength, experience and compassion to Black women striving to thrive at work and in life, equipping them to become the leaders they are meant to be.

MARKETING

- ▶ National print and online publicity
- ▶ Trade advertising
- ▶ Targeted publicity campaign to Black media, podcasts, and blogs
- ▶ Targeted digital and social media campaign
- ▶ Advertising through progressive Christian and Black media outlets
- ▶ Niche campaign targeting business and leadership media and blogs
- ▶ ARCs available
- ▶ Author launch team
- ▶ Co-op is available

Publication: February 9, 2021
978-1-5064-6684-2
Hardcover 5.5 x 8.5
176 pages
\$22.99

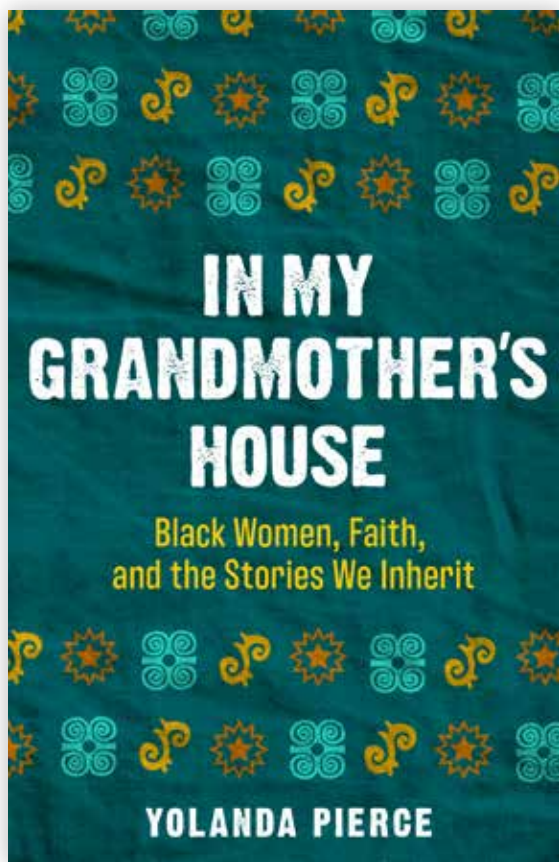
Self-Help / Personal Growth / Success
Business & Economics / Women in Business
Social Science / Discrimination

A map for finding on-the-job success, challenging systemic racism, and seeking inner healing through the power of faith, *First and Only* is a guidebook for every Black woman who has had to work twice as hard to be perceived as half as skilled. Trainer and activist Jennifer R. Farmer skillfully blends helpful tips with stories from psychologists, activists, and organizational experts, equipping Black women to lead others and heal past wounds.



JENNIFER R. FARMER is a writer, trainer, activist, and founder of Spotlight PR, LLC, which specializes in strategy and training for leaders and groups committed to racial justice. She is the author of *Extraordinary PR*, *Ordinary Budget*. Farmer's work has appeared in *Sojourners*, *The Root*, *LifeHack.org*, *HuffPost*, and the *Chronicle of Philanthropy*, among others. She is the mother of two and lives in the Columbus, Ohio, area.

jenniferrfarmer.org @PR_Whisperer
@pr_whisperer



In My Grandmother's House

Black Women, Faith, and the Stories We Inherit

YOLANDA PIERCE

An accessible and deeply personal tribute to Black women's faith and what it can teach us about God and ourselves, from Yolanda Pierce, dean of Howard University School of Divinity.

MARKETING

- ▶ National author speaking tour
- ▶ Trade advertising
- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Targeted digital and social-media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Media push targeted to African American and women's media
- ▶ Advertising and promotion with progressive Christian, African American, and women's media
- ▶ ARCs available

Publication: February 16, 2021
978-1-5064-6471-8
Hardcover 5.25 x 8
208 pages
\$22.99

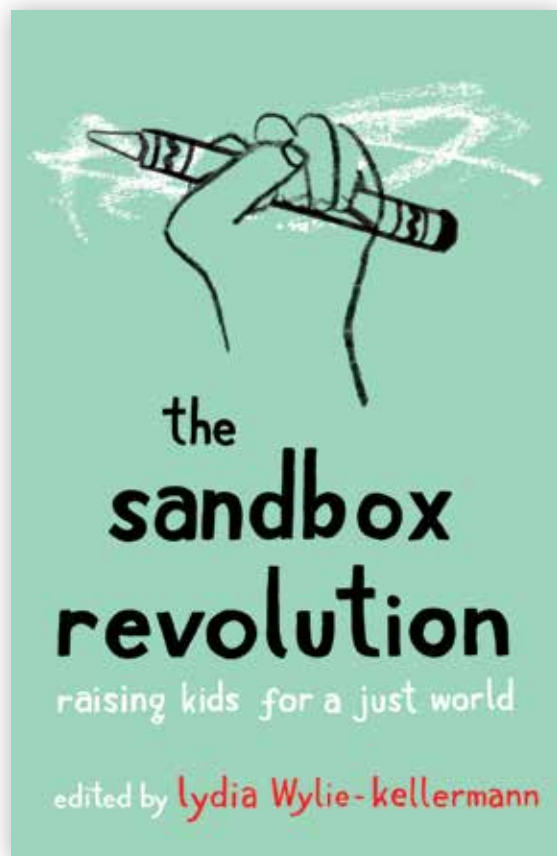
Religion / Christian Living / Social Issues
Religion / Christian Theology / Liberation
Social Science / Ethnic Studies / American
/ African American Studies

A grandmother's theology carries wisdom strong enough for future generations. In the pages of *In My Grandmother's House*, public theologian Yolanda Pierce builds an everyday womanist theology rooted in liberating scriptures, stories from the Black church, and truths from Black women's lives. The Divine has been showing up at the kitchen tables of Black women for a long time. It's time to get to know that God.



YOLANDA PIERCE is professor and dean of Howard University School of Divinity. She is a scholar of African American religious history, womanist theology, race, and religion, as well as a public theologian, activist, and commentator. An alumna of Princeton University and Cornell University, Pierce served as the founding director of the Center for the Study of African American Religious Life at the National Museum of African American History & Culture. Pierce's writing has appeared in *Time*, *Sojourners*, and *The Christian Century*, and she is the author of the book *Hell Without Fires*. Pierce lives in Washington, DC.

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The Sandbox Revolution

Raising Kids for a Just World

EDITED BY LYDIA WYLIE-KELLERMANN

CONTRIBUTIONS BY FRIDA BERRIGAN, LEONA BROWN, JENNIFER CASTRO, LAUREL DYKSTRA, JANICE FIALKA, KATE FORAN, JENNIFER HARVEY, NATHAN HOLST, SARAH HOLST, MICHELLE MARTINEZ, NICK PETERSON, DEE DEE RISHER, IAN SAWYER, MARCIA LEE SAWYER, SUSAN TAYLOR, RANDY WOODLEY, BILL WYLIE-KELLERMANN

Activists, teachers, and artists who are also parents offer experiences and tips for raising kids engaged in creating a just, equitable, and environmentally sustainable world.

MARKETING

- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Trade advertising
- ▶ Targeted publicity campaign to social justice magazines and blogs
- ▶ Targeted digital and social-media campaign
- ▶ Niche publicity campaign to mom blogs, parenting media, and podcasts
- ▶ Religion and spirituality media and blog outreach
- ▶ Publicity and marketing support from 15 influential contributors
- ▶ ARCs available

Publication: March 30, 2021

978-1-5064-6644-6

Paperback 5.5 x 8.5

220 pages

\$17.99

Family & Relationships / Parenting / General
Family & Relationships / Education
Religion / Christian Living / Parenting

It is a complex time to be a parent. Our climate is in crisis, economic inequality is deepening, and violence is escalating. How can parents cultivate in their children a love of the earth, a cry for justice, and a commitment to nonviolence? Written by parents who are also writers, teachers, organizers, artists, gardeners, and activists, *The Sandbox Revolution* offers a diversity of voices and experiences to guide us on a journey of justice-focused parenting.



LYDIA WYLIE-KELLERMANN is a writer, editor, activist, and mother. She is the editor of *Geez* magazine, which explores the intersection of activism, art, and spirit, and is the cofounder and curator of the *Radical Discipleship* blog. Lydia's writing has appeared in *Sojourners*, *Red Letter Christians*, and various Catholic Worker papers, and she is a contributor to multiple books. She lives with her partner and two boys in Detroit, Michigan.



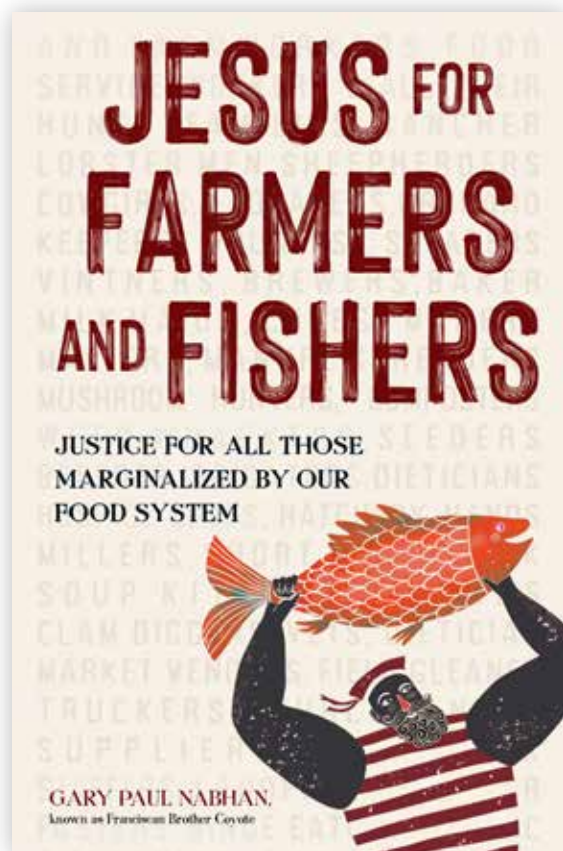
thesandboxrevolution.com



@lydiaiawk



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Jesus for Farmers and Fishers

Justice for All Those Marginalized by Our Food System

GARY PAUL NABHAN

Gary Paul Nabhan, the “father of the local food movement,” offers a fresh take on Jesus’s parables of fishers and farmers to open new ways of thinking and acting in regard to America’s current food economy.

MARKETING

- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Trade advertising
- ▶ Targeted digital and social-media advertising
- ▶ Targeted media and blog outreach
- ▶ Niche publicity and promotion targeting environmental, food, and progressive Christian media and blogs
- ▶ ARCs available
- ▶ Award submissions

Publication: March 30, 2021

978-1-5064-6506-7

Hardcover 5.5 x 8.5

196 pages

\$26.99

Social Science / Agriculture & Food
Religion / Biblical Meditations / New Testament

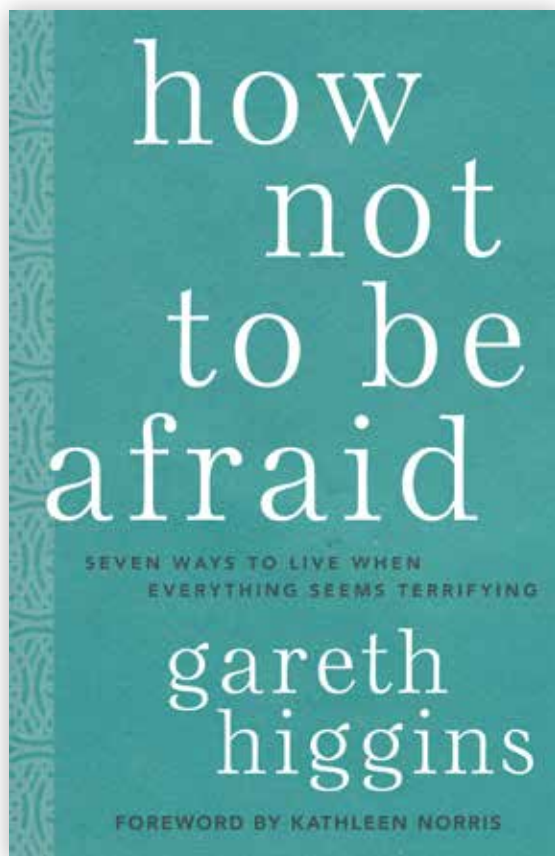
Science / Environmental Science

Food producers in America are in the midst of one of the most severe farm crises of the last half-century. Yet we are largely unaware of the plight of those whose hands and hearts toil to sustain us. In *Jesus for Farmers and Fishers*, Gary Nabhan offers a fresh look at the parables of Jesus to bring us into a heart of compassion for those in the food economy hit by this crisis.



GARY PAUL NABHAN is an Ecumenical Franciscan Brother, seed saver, agro-ecologist, and agrarian activist. A former MacArthur Fellow, he has been called the “father of the local food movement” by *Time*. He currently holds the W.K. Kellogg Chair in Food & Water Security for the Borderlands. An Arab-American, he has engaged with farmers and refugee farmworkers in Lebanon, Egypt, Palestine, and Oman. Nabhan keeps orchards, gardens, and greenhouses at his home in Patagonia, Arizona, and fishes and forages from an old adobe house on the shores of the Sea of Cortez in Mexico.

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How Not to Be Afraid

Seven Ways to Live When Everything Seems Terrifying

GARETH HIGGINS

FOREWORD BY KATHLEEN NORRIS

An engaging exploration of the power of fear that demonstrates the capacity of storytelling to change the narrative and transform our lives.

MARKETING

- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Trade advertising
- ▶ Targeted digital and social media campaign
- ▶ Co-op is available
- ▶ Advertising in progressive publications
- ▶ Blog and podcast promotional campaign
- ▶ Author launch team

Publication: April 13, 2021

978-1-5064-6903-4

Hardcover 5.5 x 8.5

256 pages

\$24.99

World rights, excluding UK and European English

Religion / Christian Living / Personal Growth

Religion / Christian Living / Social Issues

Self-Help / Personal Growth / Happiness

Fight, flee, or freeze: are these our only options for responding to fear? In *How Not to Be Afraid*, Gareth Higgins addresses seven common fears and invites us to change the course of our stories through seven habits of hope rooted in Celtic spirituality. Pointing us toward tenderness, empathy, and gentle encounter with others and with our deepest fears, Higgins helps us discover that peace is the path to itself.



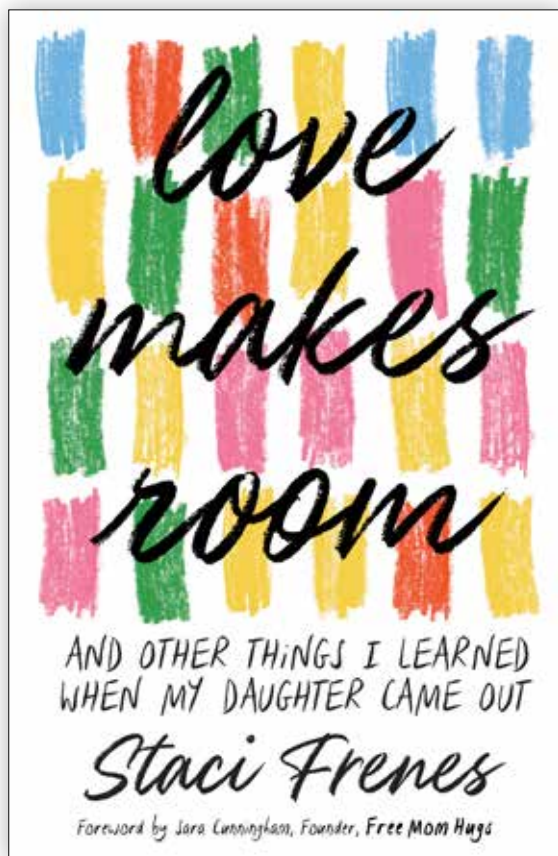
GARETH HIGGINS is an author, storyteller, and activist who was born in Belfast during the Troubles in Northern Ireland and now lives in Asheville, North Carolina. Higgins has a PhD in sociology and speaks widely about storytelling, violence reduction, the power of dreams, and connection with the earth. He led a peacebuilding community in Northern Ireland, and helped to found the Wild Goose Festival, the New Story Festival, and the Movies & Meaning festival.



garethhiggins.net



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Love Makes Room

And Other Things I Learned When My Daughter Came Out

STACI FRENES

FOREWORD BY SARA CUNNINGHAM

A compelling personal story from an Evangelical Christian musician and mother of an LGBTQ child that shows us how expansive our faith can get when we choose love.

MARKETING

- ▶ National author speaking tour
- ▶ Trade advertising
- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Targeted digital and social-media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Advertising through Christian channels
- ▶ Targeted publicity campaign to music media
- ▶ Niche media push targeting LGBTQ publications, blogs, and podcasts
- ▶ Author launch team
- ▶ Co-op is available

Publication: May 11, 2021

978-1-5064-6863-1

Paperback 5.5 x 8.5

240 pages

\$18.99

Religion / Christian Living / Family & Relationships
Family & Relationships / LGBT
Biography & Autobiography / LGBT

When Christian singer and speaker Staci Frenes learned her teenage daughter was gay, she found her dreams for the future—along with her lifelong faith—collapsing around her. Coming to terms with a new reality offered an invitation to make room for many things: the inevitability of uncertainty, hope in the midst of loss, awkward and tough conversations, an expanding faith, and a greater understanding of how people are more the same than different.



STACI FRENES is a Christian music artist, speaker, author, and mom of an LGBTQ daughter. A former English teacher, she has turned her love of music into a full-time vocation, forming her own publishing company and record label, and landing multiple film and television placements. Staci and her husband make their home in the San Francisco Bay Area.



stacifrenes.com



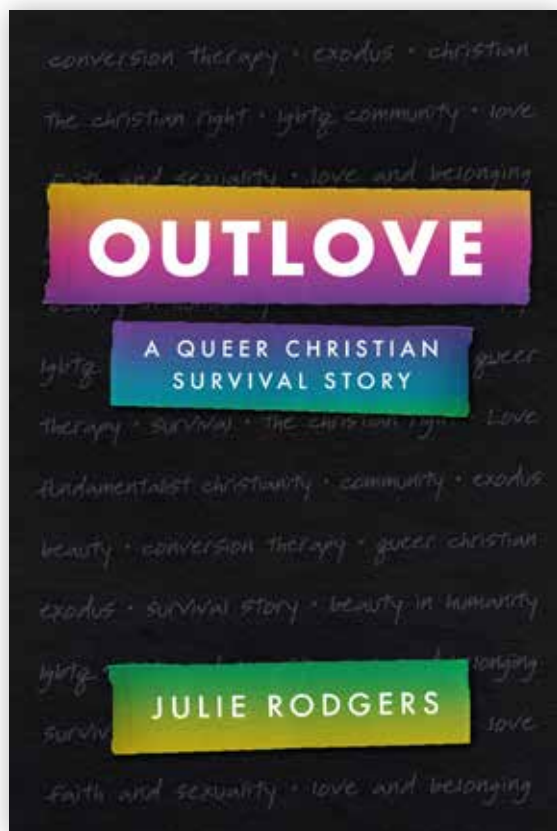
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Outlove

A Queer Christian Survival Story

JULIE RODGERS

A captivating memoir by a leading voice in LGBTQ advocacy who went from being the subject of conversion therapy to leading the fight against the ex-gay movement from the inside out, grappling with how to live authentically and love the church that wouldn't love her back.

MARKETING

- ▶ National author speaking tour
- ▶ Trade advertising
- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Targeted digital and social-media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Advertising in national Christian publications and LGBTQ media
- ▶ Targeted publicity campaign to LGBTQ and progressive Christian podcasts and blogs
- ▶ ARCs available

Publication: June 22, 2021

978-1-5064-6404-6

Hardcover 5.25 x 8

224 pages

\$24.99

Biography & Autobiography / LGBT
Religion / Christian Living / Social Issues
Religion / Sexuality & Gender Studies

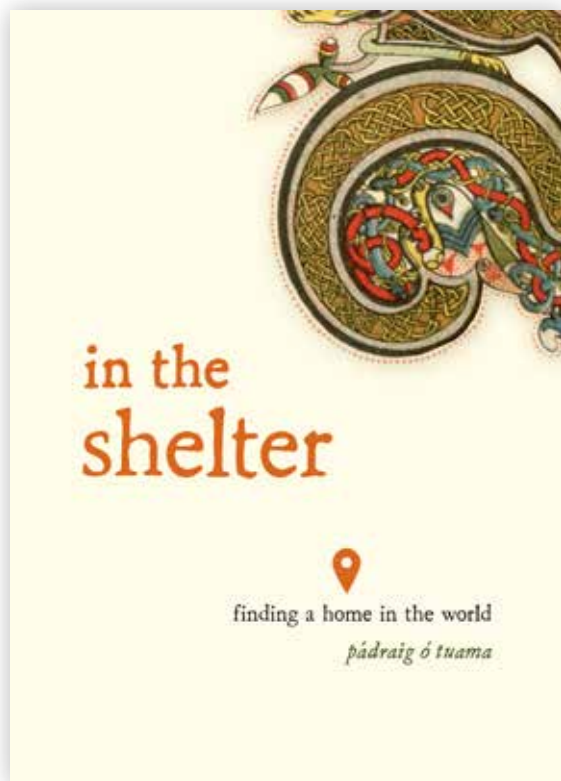
In *Outlove*, Julie Rodgers details her deeply personal journey from a life of self-denial in the name of faith to her role in leading the take-down of Exodus International, the largest ex-gay organization in the world, to her marriage to a woman at the Washington National Cathedral. Rodgers's story sheds light on the debate between evangelical Christians and the LGBTQ community, ultimately casting a hopeful vision for how the church can heal.



JULIE RODGERS is a writer, speaker, and leader in the movement working for full inclusion for LGBTQ people in Christian communities. She played a significant role in shutting down Exodus International, the largest conversion therapy organization in the world, and she was also the first openly gay person to be hired by an evangelical Christian college. She is featured in *Pray Away* (2020), a documentary about the movement to pray the gay away. Her writing has been featured in *Sojourners*, *The New York Times*, *The Washington Post*, and *Time*. She lives with her wife in Washington, DC.

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In the Shelter

Finding a Home in the World

PÁDRAIG Ó TUAMA

A collection of powerful reflections from poet and storyteller Pádraig Ó Tuama, former leader of Belfast's Corrymeela Community and current Theologian in Residence and host of On Being's *Poetry Unbound*.

MARKETING

- ▶ National author speaking tour
- ▶ National print and online publicity
- ▶ Targeted digital and social-media advertising
- ▶ Targeted publicity campaign to literary and poetry magazines and blogs
- ▶ Religion and spirituality media and blog outreach
- ▶ Niche publicity push with progressive Christian media
- ▶ Advertising and promotion with progressive Christian media
- ▶ ARCs available

Publication: February 23, 2021

978-1-5064-7052-8

Paperback 5 x 7

262 pages

\$19.99

North American rights, English only

Religion / Spirituality

Biography & Autobiography / LGBT

Religion / Christian Living / Inspirational

From master storyteller and host of On Being's *Poetry Unbound* Pádraig Ó Tuama comes an unforgettable spiritual memoir of peace and reconciliation, Celtic spirituality, belonging, and sexual identity. From the heart of a poet comes a profound look at the landscapes we all try to inhabit even as we always search for shelter, a place we can call home.



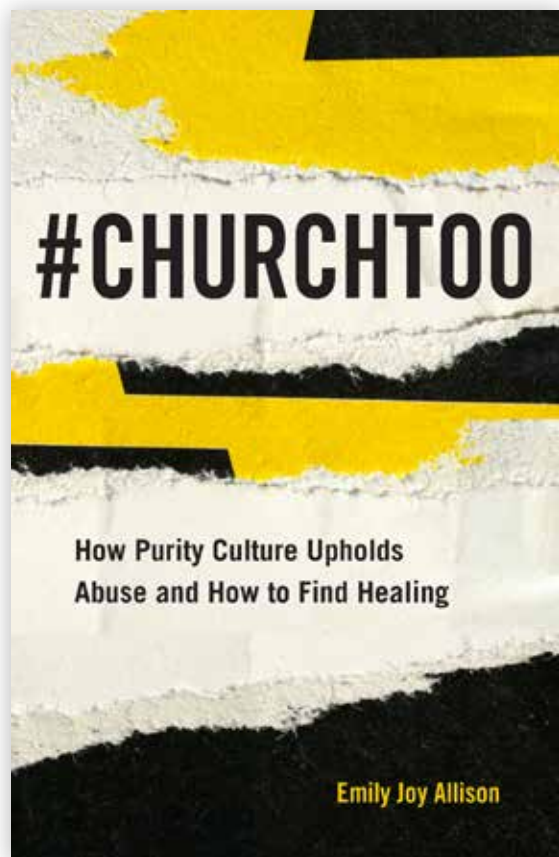
PÁDRAIG Ó TUAMA is an Irish writer and poet. Host of On Being's *Poetry Unbound* podcast, he was recently named On Being's Theologian in Residence. From 2014–2019 he was the leader of the Corrymeela Community, Ireland's oldest peace and reconciliation organization. His work has won acclaim in circles of conflict analysis, politics, religion, poetry, and psychotherapy. His storytelling, poetry, and writing have been featured on The Moth, TEDx Talks, *America*, the BBC, and *The Spirit of Things*. A compelling speaker, he travels widely. Ó Tuama lives in Belfast, Ireland.

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 [@padraigotuama](https://www.instagram.com/padraigotuama)

 [/padraigotuama](https://www.facebook.com/padraigotuama)



#ChurchToo

How Purity Culture Upholds Abuse and How to Find Healing

EMILY JOY ALLISON

An exacting examination of the theological groundings of purity culture in American Christianity from the creator of the #ChurchToo hashtag.

MARKETING

- ▶ National print and online publicity
- ▶ Trade advertising
- ▶ National and local television and radio interviews
- ▶ Targeted digital and social-media campaign
- ▶ Advertising through progressive Christian channels
- ▶ Targeted publicity campaign to progressive Christian podcasts and blogs
- ▶ Email marketing to extensive church lists
- ▶ ARCs available
- ▶ Author launch team

Publication: March 9, 2021

978-1-5064-6481-7

Paperback 5.5 x 8.5

200 pages

\$16.99

Social Science / Sexual Abuse & Harassment
Religion / Christian Living / Social Issues
Religion / Sexuality & Gender Studies

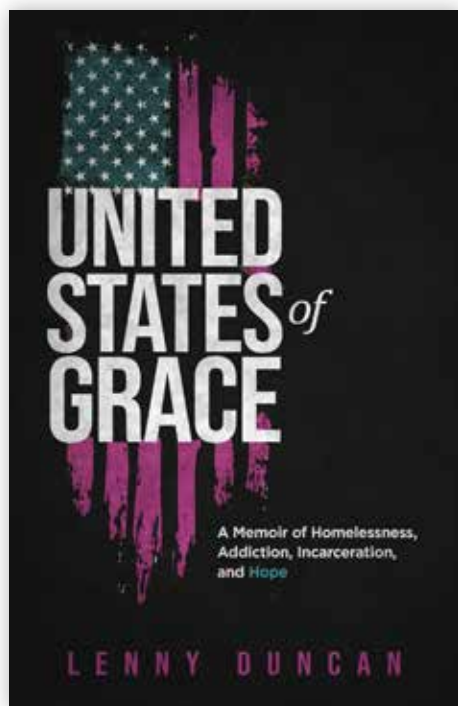
Sexual abuse is utterly rampant in Christian churches in America, and the reasons are somewhat different than those you might find in the #MeToo stories coming out of Hollywood or Washington. *#ChurchToo* turns over the rocks of the church's sexual dysfunction, revealing just what makes sexualized violence in religious contexts both ubiquitous and uniquely traumatizing, and lays the groundwork for survivors of abuse to live full, free, healthy lives.



EMILY JOY ALLISON is a writer, poet, and yoga teacher. She holds a degree in philosophical theology and apologetics from Moody Bible Institute and is currently pursuing a master of theological studies from Vanderbilt Divinity School. In November 2017, Emily came forward with her story of abuse at the hands of her church and launched the #ChurchToo movement overnight. She has been writing and speaking about religious sexualized violence and its theological underpinnings ever since. Emily lives in Nashville, Tennessee.

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 [@emilyjoypoetry](https://www.instagram.com/emilyjoypoetry)  [/emilyjoypoetry](https://www.facebook.com/emilyjoypoetry)



United States of Grace

A Memoir of Homelessness, Addiction, Incarceration, and Hope

LENNY DUNCAN

A raw, challenging, literary tour-de-force, *United States of Grace* is an intimate telling of coming of age in what many think of as the margins of America—spaces and identities that Lenny Duncan calls home.

Marketing

- ▶ National author speaking tour
- ▶ Trade and Christian advertising
- ▶ National print and online publicity
- ▶ Targeted digital and social-media campaign
- ▶ Targeted publicity campaign to LGBTQ and progressive Christian podcasts and blogs
- ▶ Author launch team
- ▶ ARCs available
- ▶ Co-op is available

Publication: May 25, 2021

978-1-5064-6406-0

Hardcover 5.5 x 8.5

200 pages

\$22.99

Biography & Autobiography / Cultural, Ethnic & Regional / African American & Black Religion / Christian Living / Social Issues
Biography & Autobiography / LGBT

Lenny Duncan, who inspired and challenged audiences with his breakout first book, *Dear Church*, now brings us his story about growing up Black and queer in the US, examining pressing issues like poverty, mass incarceration, white supremacy, and LGBTQ inclusion through an intimate portrayal of his life's struggles and joys. *United States of Grace* is a love story about America, making the claim that God is present with us in the most difficult of circumstances.



LENNY DUNCAN is the author of *Dear Church*, and Mission Developer Pastor at Messiah Lutheran Church in Vancouver, Washington, where he also lives. He is board chaplain for Reconciling Works and cohost of *The Jesus Jawn* podcast. His writing has appeared in *Living Lutheran*, *Medium*, and Our Bible App.



[unitedstatesofgrace.com](https://www.unitedstatesofgrace.com)



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[/lennyaduncan](https://www.facebook.com/lennyaduncan)



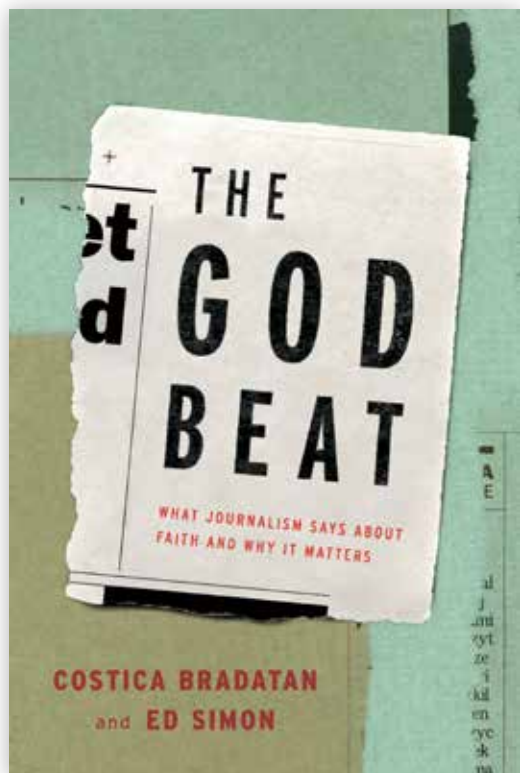
ALSO BY LENNY DUNCAN:

Dear Church

A Love Letter from a Black Preacher to the Whitest Denomination in the US

\$16.99 | 978-1-5064-5256-2

Paperback | 5.5 x 8.5 | 138 pages



The God Beat

What Journalism Says about Faith and Why It Matters

**COSTICA BRADATAN
AND ED SIMON**

An enlightening and meaningful collection that draws together and defines the cultural phenomenon that is New Religion Journalism.

MARKETING

- ▶ National print and online advertising
- ▶ National review coverage
- ▶ National and local television and radio interviews
- ▶ Targeted digital and social-media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Niche publicity push, advertising, and promotion with progressive Christian and progressive secular media

Publication: June 8, 2021

978-1-5064-6577-7

Hardcover 6 x 9

225 pages

\$26.99

Language Arts & Disciplines / Journalism

Religion / Essays

Social Science / Media Studies

In the 1960s and '70s a more personal, subjective, voice-driven journalism emerged, known as New Journalism. In the new century, those same tropes are used by religion writers who similarly scrutinize questions of faith and doubt while taking God-talk seriously. *The God Beat* brings together significant and characteristic samples of this emerging genre, helping us understand how we talk about God in public spaces—and why it matters—in a whole new way.



COSTICA BRADATAN is religion editor for the *Los Angeles Review of Books*, a professor of humanities in the Honors College at Texas Tech University, and an honorary research professor of philosophy at the University of Queensland, Australia. He resides in Lubbock, Texas.



ED SIMON is a staff writer for *The Millions* and an editor at *Befrois*. He is the author of *America and Other Fictions: On Radical Faith and Post-Religion*; *Furnace of This World, or, 36 Observations about Goodness*; and *Printed in Utopia: The Renaissance's Radicalism*. Ed lives in Washington, DC.



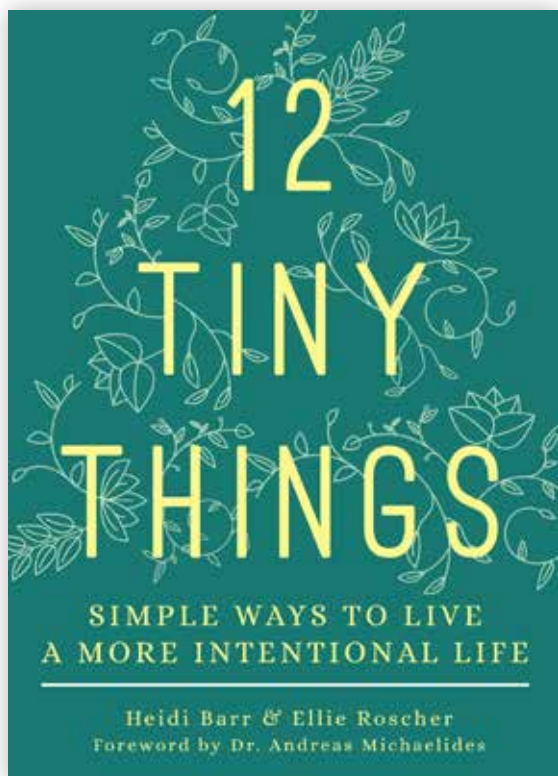
edsimon.org



@WithEdSimon



/MarginaliaEd



12 Tiny Things

Simple Ways to Live a More Intentional Life

HEIDI BARR AND ELLIE ROSCHER

FOREWORD BY DR. ANDREAS
MICHAELIDES

Weaving together personal stories and practical tools, this accessible guide leads readers to personal growth through small, but significant, actions.

MARKETING

- ▶ National print and online publicity
- ▶ Targeted publicity campaign to wellness media and blogs
- ▶ Targeted digital and social-media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Trade and Christian advertising
- ▶ Author launch team tapping authors' highly engaged audience

Publication: January 5, 2021

978-1-5064-6504-3

Paperback 5 x 7

180 pages

\$16.99

Self-Help / Spiritual

Self-Help / Personal Growth / General

Body, Mind & Spirit / Inspiration &

Personal Growth

In a culture that says bigger is better, it is subversive work to take tiny, lasting steps toward learning and growth. In *12 Tiny Things* Ellie Roscher and Heidi Barr journey with us through twelve essential areas of life—space, work, spirituality, food, style, nature, communication, home, sensuality, creativity, learning, and community—inviting us to take one tiny action at a time to open up growth and renewal.



HEIDI BARR is a wellness coach committed to cultivating ways of being that are life-giving and sustainable for people, communities, and the planet. She is the author of *Woodland Manitou* and *Cold Spring Hallelujah*. Heidi lives in Minnesota with her husband and daughter.



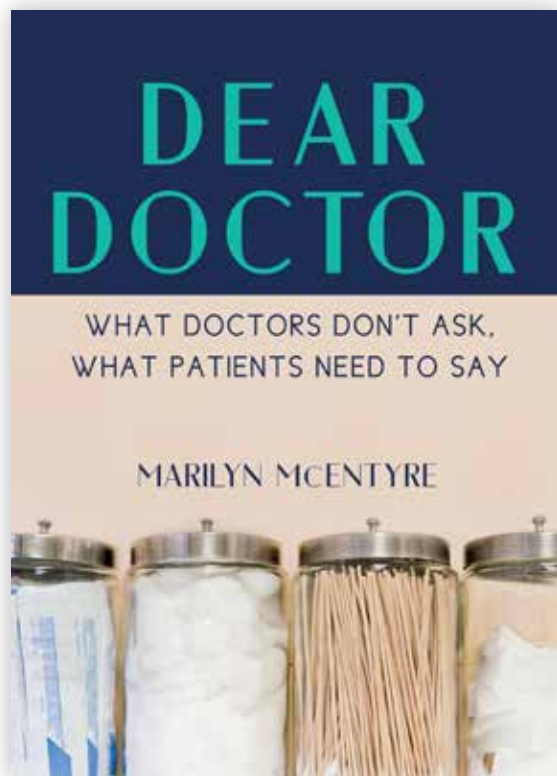
ELLIE ROSCHER is the author of *Play Like a Girl* and *How Coffee Saved My Life*. She hosts the *Unlikely Conversations* podcast and teaches writing at The Loft Literary Center, theology at Bethlehem Lutheran Church, and peace literacy at The Global Immersion Project. Ellie lives in Minneapolis with her spouse and sons.

12tinythings.com; heidibarr.com; ellieroscher.com

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@12tinythings; @heidibarr; @ellieroscher

/12TinyThings; /HeidiBarrwriter; /EllieRoscher



Dear Doctor

What Doctors Don't Ask, What Patients Need to Say

MARILYN MCENTYRE

An honest and open call for better, more patient-centered health care by a well-respected voice in the medical humanities.

MARKETING

- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Targeted publicity campaign to medical and health magazines and blogs
- ▶ Targeted digital and social-media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ ARCs available
- ▶ Author launch team

Publication: March 2, 2021

978-1-5064-6047-5

Paperback 5 x 7

192 pages

\$16.99

Health & Fitness / Holism

Medical / Physician & Patient

Body, Mind & Spirit / Healing / General

In the form of an open letter from patients to their doctors, spiritual writer and professor of medical humanities Marilyn McEntyre brings to light the hidden fears, desperate needs, deepest hopes, and heartfelt truths that many feel doctors overlook in their approach to health care. Ultimately, *Dear Doctor* is an important first step to begin a dialogue between two communities that often have a very large disconnect.



MARILYN MCENTYRE is a spiritual writer, speaker, and professor of medical humanities and American literature. A graduate of UC Davis and of Princeton, she has won several outstanding teaching awards. She is invested in helping heal the planet and doesn't think we can do that without imagination, compassion, humility, and a massive paradigm shift. McEntyre lives in Carmichael, California.



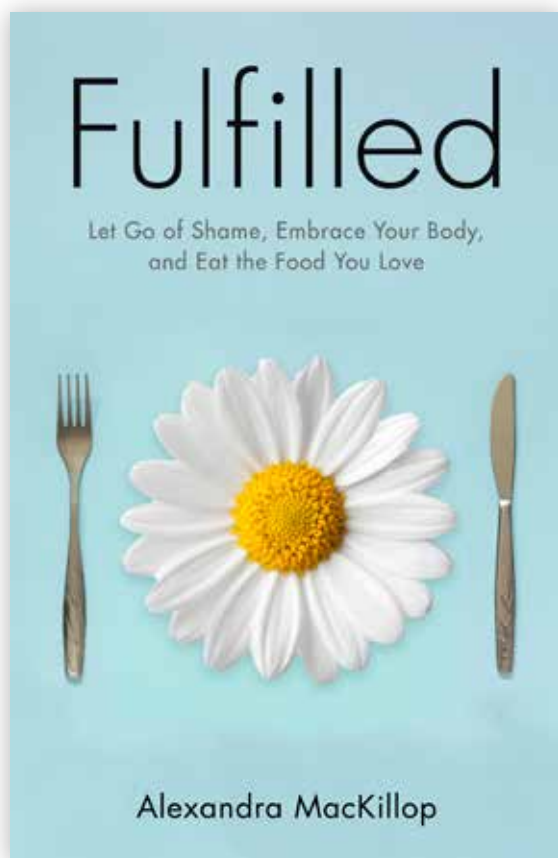
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Fulfilled

Let Go of Shame, Embrace Your Body, and Eat the Food You Love

ALEXANDRA MACKILLOP

A practical and thoughtful guide to intuitive eating that will free women to embrace their God-given bodies as they are, in all their glory.

MARKETING

- ▶ National print and online publicity
- ▶ Targeted digital and social media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Targeted publicity campaign to health and fitness magazines and blogs
- ▶ Advertising in progressive Christian publications
- ▶ Niche promotion to women's magazines, media, and blogs
- ▶ Email promotion to progressive Christian lists
- ▶ ARCs available

Publication: March 2, 2021
 978-1-5064-6682-8
 Paperback 5.5 x 8.5
 200 pages
 \$16.99

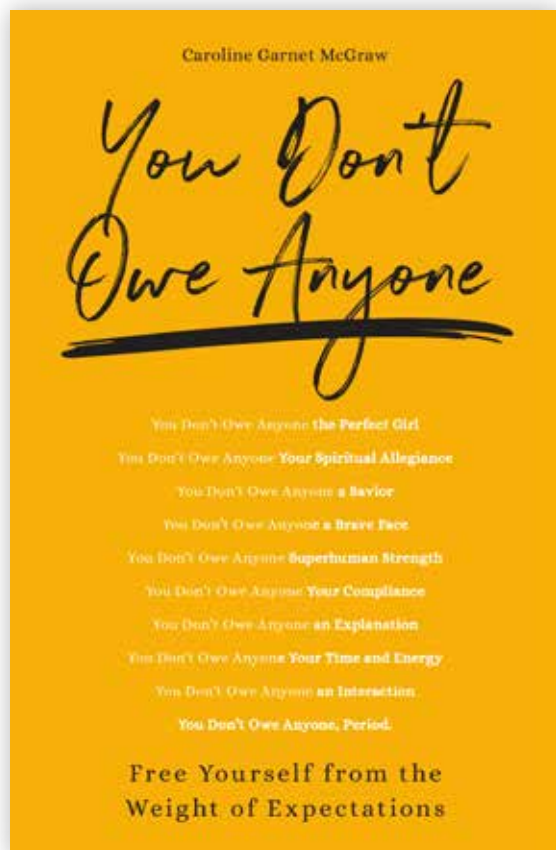
Health & Fitness / Diet & Nutrition / Diets
 Religion / Christian Living / Women's
 Interests
 Self-Help / Eating Disorders & Body Image

Today's culture has distorted how we women view our bodies. But God longs for you to embrace your body, eat with freedom, and live with a deep confidence that you (and your body) are loved exactly as you are. In *Fulfilled*, nutrition expert Alexandra MacKillop explores physical, mental, and spiritual health through a non-diet lens, encouraging you to respect your body, honor your hunger, and embrace the unique size and shape that God created for you.



ALEXANDRA MACKILLOP is a food scientist and primary care provider at a holistic health clinic. Her writing has appeared on blogs such as *RELEVANT*, *(in)courage*, and *Naughty Nutrition*, and in journals such as *Claritas Journal of Language and Culture* and *The Purdue Journal of Undergraduate Research*. Alexandra holds a bachelor's degree in food science and a doctoral degree in chiropractic medicine from the National University of Health Sciences. She lives in the suburbs of Chicago, Illinois.

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 @alexandracmackillop  /nutrainspiration



You Don't Owe Anyone

Free Yourself from the Weight of Expectations

CAROLINE GARNET MCGRAW

Inspired by the author's viral essay and subsequent TEDx Talk "You Don't Owe Anyone an Interaction," this empowering book combines personal stories and tangible solutions to free perfectionists from the weight of expectations.

MARKETING

- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Trade advertising
- ▶ Targeted digital and social media campaign
- ▶ Targeted publicity campaign to women's magazines, blogs, and podcasts
- ▶ Author launch team
- ▶ ARCs available

Publication: April 20, 2021

978-1-5064-6409-1

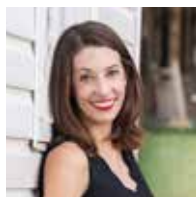
Paperback 5.5 x 8.5

224 pages

\$17.99

Self-Help / Personal Growth / General
Self-Help / Spiritual
Self-Help / Substance Abuse & Addictions
/ General

You Don't Owe Anyone invites perfectionists, workaholics, people pleasers, and strivers to make surprising choices that free us from the weight of expectations. Caroline Garnet McGraw's personal stories serve as a compassionate witness and a wakeup call, inspiring us to move our life in new, positive directions. She shows us what it looks like to refuse to over-function in the old ways, empowering us to move past perfectionism to heal our hearts.



CAROLINE GARNET MCGRAW is an author, speaker and coach for recovering perfectionists. She's the creator of *A Wish Come Clear*, a popular blog devoted to trading perfectionism for possibility, as well as several online interview series. She's a two-time TEDx speaker, and her essays have been featured in *The Huffington Post*, *Momastery*, and *Women For One*. Caroline lives in Florence, Alabama, with her family.



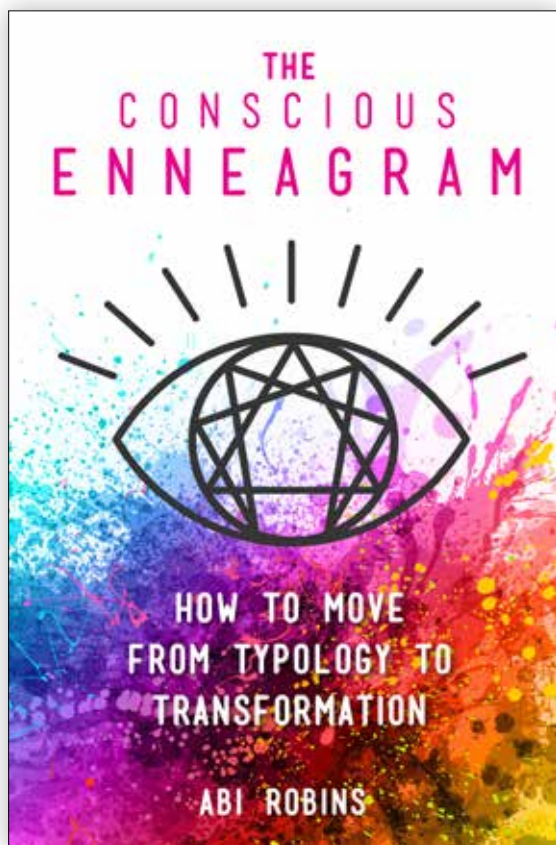
awishcomeclear.com



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/awishcomeclear



The Conscious Enneagram

How to Move from Typology to Transformation

ABI ROBINS

A practical and refreshing guidebook that applies the wisdom of the Enneagram to create profound personal growth.

MARKETING

- ▶ National print and online publicity
- ▶ Digital and social-media campaign targeting those interested in the enneagram
- ▶ Religion and spirituality media and blog outreach
- ▶ Niche publicity push with progressive Christian media
- ▶ Displays, speaking engagements, and signings at Enneagram conferences
- ▶ ARCs available

Publication: April 27, 2021

978-1-5064-6502-9

Hardcover 5.5 x 8.5

260 pages

\$24.99

Self-Help / Personal Growth / General Psychology / Personality Religion / Christian Living / Personal Growth

The Enneagram illuminates the painful truth of where we are and inspires us with the promise of where we could be. In *The Conscious Enneagram*, Abi Robins takes the system further by connecting those dots and explaining the path from patterns to promise. Through practical, easy-to-understand coaching, storytelling, and personal inquiry, this book shows how to use the Enneagram to radically change the way we think, feel, and move through the world.



ABI ROBINS is a Certified Enneagram Teacher through The Narrative Enneagram and a C-IAYT Yoga Therapist. They are the creator of The Conscious Enneagram website and social media platform, host of the *Conscious Construction* podcast, and founder of Queer Enneagram. They have led in-person workshops across the country and at The Enneagram and Coffee Summit, The Shift Network's Enneagram Global Summit, and The International Enneagram Association's Global Conference. Abi lives in Austin, Texas.



consciousenneagram.com



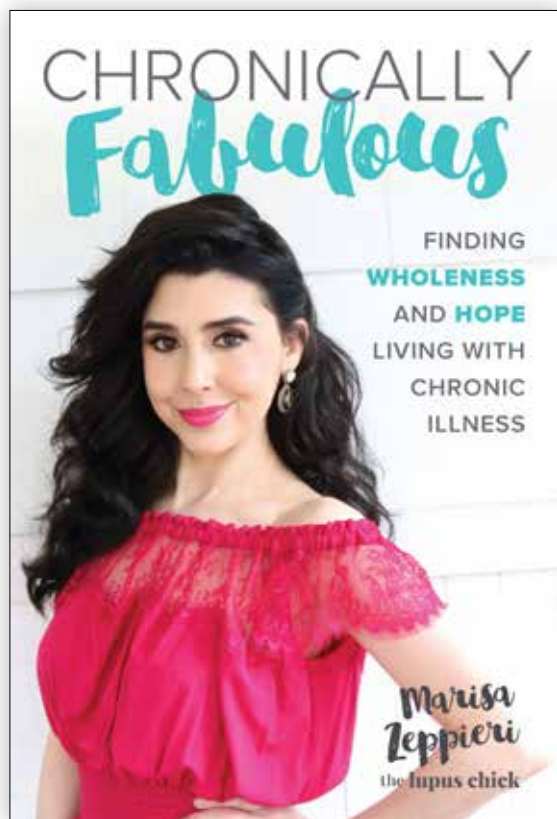
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Chronically Fabulous

Finding Wholeness and Hope Living with Chronic Illness

MARISA ZEPPIERI

A comforting and life-giving resource for those living with chronic illness from the founder of LupusChick, a nonprofit and blog for those facing autoimmune diseases.

MARKETING

- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Trade advertising
- ▶ Digital and social-media campaign targeting followers of LupusChick
- ▶ Niche publicity campaign targeting health and wellness media and food media
- ▶ ARCs available
- ▶ Author launch team tapping author's highly engaged audience
- ▶ Co-op available

Publication: May 4, 2021
978-1-5064-6411-4
Hardcover 6 x 9
194 pages
\$24.99

Health & Fitness / Diseases / Immune & Autoimmune
Health & Fitness / Diet & Nutrition / General
Religion / Christian Living / Personal Growth

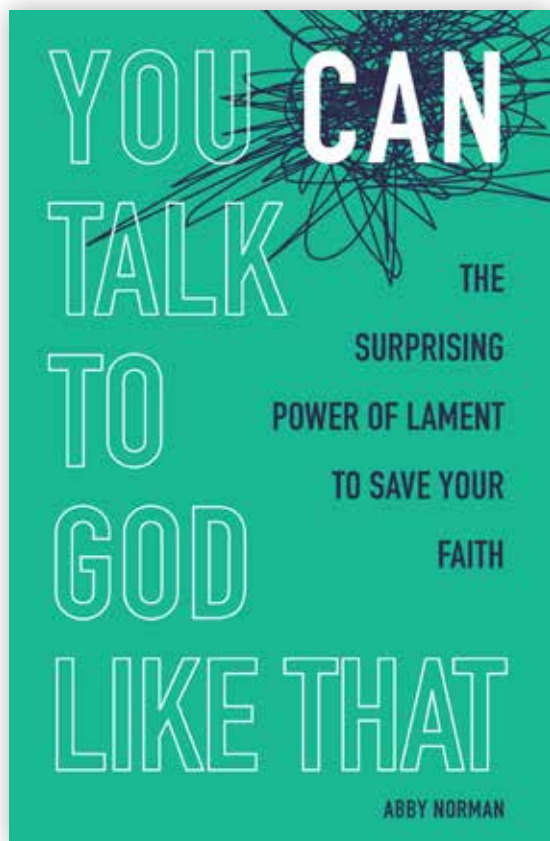
In *Chronically Fabulous*, Marisa Zeppieri, the founder of LupusChick, provides helpful principles, personal stories, and occasional recipes that support whole-life thriving with the depth, smarts, and helpful spiritual advice that her dedicated blog readers have come to expect. For anyone looking for hope and resources when your body's immune system is compromised, this is the perfect start to a chronically fabulous you.



MARISA ZEPPIERI is a health and food journalist, a speaker on autoimmune disease, and the founder of LupusChick.com, a nonprofit for people with lupus and other autoimmune conditions. For her advocacy within the autoimmune community, she has been featured in *Healthline*, *U.S. News*, *Glamour*, *Eating Well*, *Ladies Home Journal*, *WebMD*, and others, and her work is highlighted in Lady Gaga's *Channel Kindness* anthology. Zeppieri lives in Rochester, New York.

 [LupusChick.com](https://twitter.com/LupusChick.com)  [@marisazeppieri](https://twitter.com/marisazeppieri)

 [@lupuschickofficial](https://www.instagram.com/lupuschickofficial)



You Can Talk to God Like That

The Surprising Power of Lament to Save Your Faith

ABBY NORMAN

A hopeful, transformative, tell-it-like-it-is introduction to the power and necessity of the ancient practice of lament to deepen and strengthen our relationship with God, each other, and the world.

MARKETING

- ▶ National print and online publicity
- ▶ National review coverage
- ▶ Trade and Christian advertising
- ▶ Targeted digital and social-media campaign
- ▶ Targeted media and blog outreach
- ▶ ARCs available
- ▶ Author launch team

Publication: May 18, 2021
978-1-5064-6906-5
Paperback 5.5 x 8.5
200 pages
\$16.99

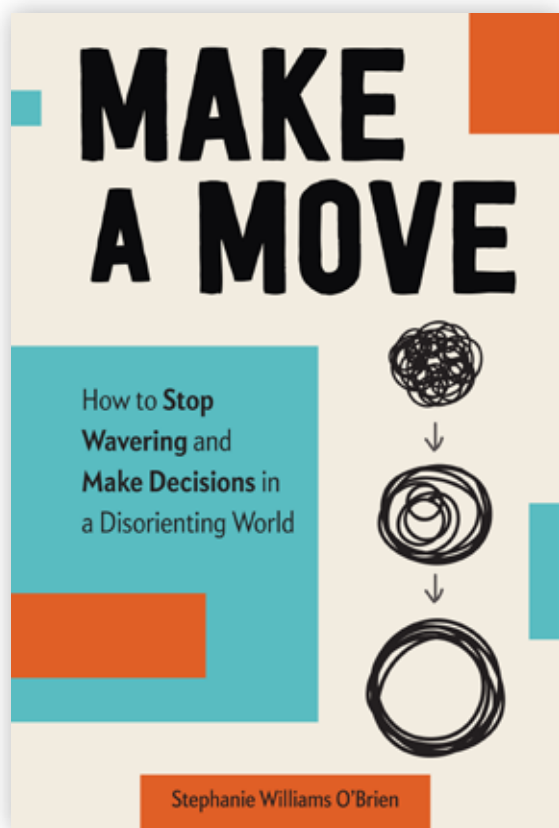
Religion / Christian Living / Spiritual Growth
Self-Help / Spiritual
Psychology / Grief & Loss

In *You Can Talk to God Like That*, pastor Abby Norman shows us that we can talk honestly to God, despite what we may have been told. You'll be encouraged to express your anger and pain to God and feel relief that you can be honest even when things are not okay. Learn to reclaim this ancient practice of lament and refresh your relationship with a God who has always wanted your whole self.



ABBY NORMAN is a writer, blogger, speaker, and licensed local pastor in the United Methodist Church. Her writing has been featured in *Huffington Post*, *SheLoves Magazine*, and *The Mudroom*. Abby lives in Atlanta, Georgia, with her college sweetheart, two daughters, and a very bad dog.

 abbynorman.net
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Make a Move

How to Stop Wavering and Make Decisions in a Disorienting World

STEPHANIE WILLIAMS O'BRIEN

A practical and empowering guide to move with confidence from indecision to action on all of life's decisions, big and small.

MARKETING

- ▶ Author speaking tour
- ▶ National print and online publicity
- ▶ Targeted digital and social media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Niche publicity push with progressive Christian media
- ▶ Content marketing, including small group discussion guide
- ▶ Direct promotions to congregational audiences
- ▶ Author launch team

Publication: May 25, 2021

978-1-5064-6592-0

Hardcover 6 x 9

260 pages

\$24.99

Religion / Christian Living / Personal Growth

Self-Help / Motivational & Inspirational

Religion / Christian Living / Spiritual Growth

Facing big decisions can lead to frustration, anxiety, and confusion. "It would be so much easier if life just came with a road map!" But life doesn't work like that—it's full of twists and turns, the unexpected and the unforeseen. In *Make a Move*, Stephanie Williams O'Brien offers practical steps for moving through the experiments of life so we can narrow down the choices and discern God's leadership.



STEPHANIE WILLIAMS O'BRIEN is the author of *Stay Curious* and the executive producer and cohost of the *Lead Stories Podcast*. She is the lead pastor at Mill City Church in Minneapolis, a professor at Bethel Seminary, and a sought-after speaker, strategist, and leadership coach.



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ALSO BY STEPHANIE WILLIAMS O'BRIEN:

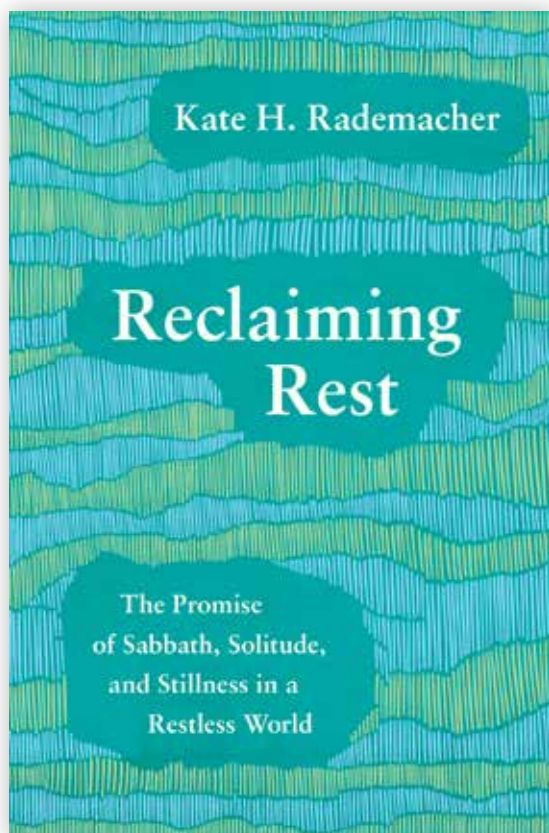
Stay Curious

How Questions and Doubts Can Save Your Faith

\$25.99 | 978-1-5064-4956-2

Hardcover | 5.5 x 8.5 | 284 pages





Reclaiming Rest

The Promise of Sabbath, Solitude, and Stillness in a Restless World

KATE H. RADEMACHER

A compelling exploration of Sabbath that weaves together personal storytelling, theological reflection, and practical ideas for incorporating this sustaining spiritual practice in our nonstop world.

MARKETING

- ▶ National print and online publicity
- ▶ Targeted digital and social-media campaign
- ▶ Christian advertising
- ▶ Religion and spirituality media and blog outreach
- ▶ Email promotion to progressive Christian lists
- ▶ Included in newsletter to large congregations
- ▶ ARCs available

Publication: June 22, 2021
978-1-5064-6599-9
Paperback 5.25 x 8
224 pages
\$16.99

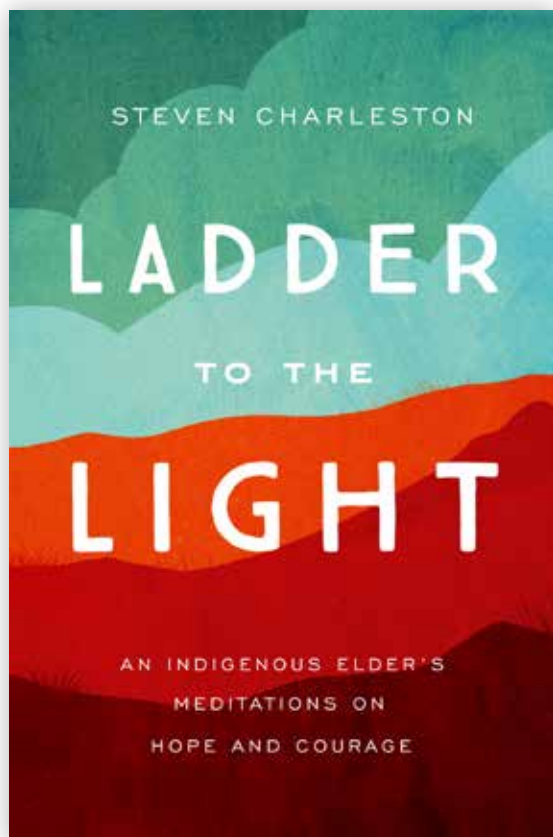
Religion / Christian Living / Spiritual Growth
Religion / Christian Living / Personal Growth
Religion / Christian Living / General

What does pressing pause look like? In *Reclaiming Rest*, Kate H. Rademacher explores the gifts of solitude, stillness, and Sabbath rest in a world of motion and noise. Ultimately, Rademacher claims, pausing for sacred rest pierces our illusions of self-reliance and control—and that's good news. What if keeping the Sabbath is not only a command to obey but a gift to reclaim?



KATE H. RADEMACHER works in international public health and is the author of *Their Faces Shone* and *Following the Red Bird*. In recognition of Rademacher's leadership in global health, she is in the inaugural cohort of WomenLift Health, which is sponsored by Stanford University. She and her family live in Chapel Hill, North Carolina.

 [katerademacher.com](https://twitter.com/katerademacher)  [@kateradnc](https://www.instagram.com/kateradnc)
 [/kate.rademacher.author](https://www.facebook.com/kate.rademacher.author)



Ladder to the Light

An Indigenous Elder's Meditations on Hope and Courage

STEVEN CHARLESTON

Comforting words of wisdom and challenge from popular Choctaw elder Steven Charleston, who summons the Spirit to lead readers from fear and despair to hope and action.

MARKETING

- ▶ National print and online publicity
- ▶ Targeted digital and social media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Advertising in progressive Christian publications
- ▶ Email promotion to progressive Christian lists
- ▶ Included in newsletter to large congregations
- ▶ ARCs available

Publication: January 5, 2021
 978-1-5064-6573-9
 Paperback 5.5 x 8.5
 192 pages
 \$17.99

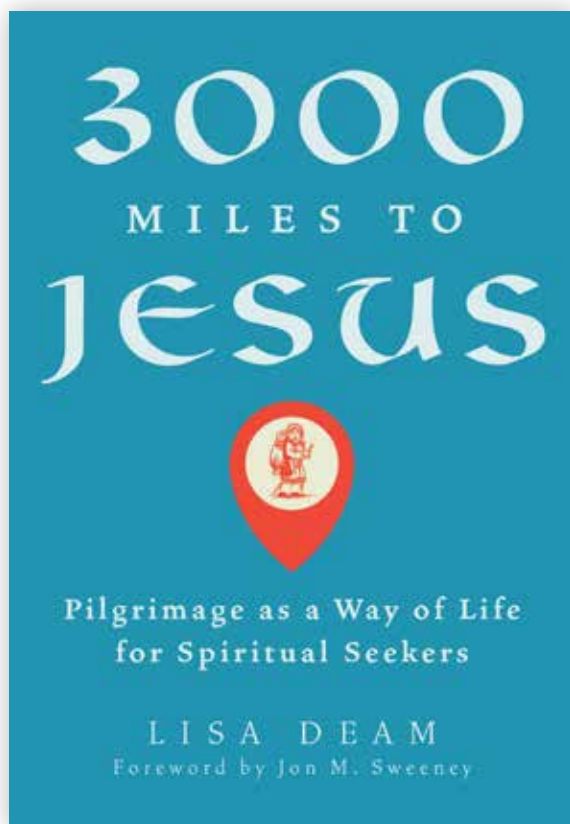
Religion / Spirituality
 Religion / Ethnic & Tribal
 Religion / Christian Living / Spiritual Growth

Native America knows something about cultivating resilience and resisting darkness. Choctaw elder and Episcopal priest Steven Charleston offers words of hard-won hope, rooted in daily conversations with the Spirit and steeped in indigenous wisdom. For all who yearn for hope, *Ladder to the Light* is a book of comfort, truth, and challenge in a time of anguish and fear. Night will not last forever. Together we can climb toward the light.



STEVEN CHARLESTON is a leading voice of justice for indigenous peoples, the environment, and spiritual renewal in North America. A member of the Choctaw Nation, Charleston has appeared on *ABC World News Tonight*, *BBC World News*, *The News Hour with Jim Lehrer*, and other outlets. The author of more than a dozen books on theology and spirituality, Charleston has served as the Episcopal bishop of Alaska, president and dean of the Episcopal Divinity School, and professor of systematic theology at Luther Seminary. Charleston lives with his wife, Susan, in Oklahoma, and writes daily meditations on social media, which reach thousands.

 /bishopstevencharleston



3000 Miles to Jesus

*Pilgrimage as a Way of Life for
Spiritual Seekers*

LISA DEAM

FOREWORD BY JON M. SWEENEY

An enlightening exploration of the rich history of medieval pilgrimage to guide seekers today on their own spiritual journeys.

MARKETING

- ▶ National print and online publicity
- ▶ Targeted digital and social-media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Email promotion to progressive Christian lists
- ▶ Included in newsletter to large congregations
- ▶ ARCs available
- ▶ Author launch team

Publication: February 2, 2021
978-1-5064-6163-2
Paperback 5 x 7
198 pages
\$17.99

Religion / Spirituality
Religion / Christian Living / Spiritual Growth
Religion / Christianity / Saints & Sainthood

3000 Miles to Jesus applies wisdom and insights from the high point of spiritual pilgrimage in the Middle Ages to spiritual pilgrims today. Understanding the risks taken and the courage and conviction driving the spiritual pilgrim, Deam offers the bigger picture of a lifelong journey of faith. For those on a quest for the sacred, this book promises to be a guide on the pilgrim path to spiritual transformation—offering rewards that last a lifetime.

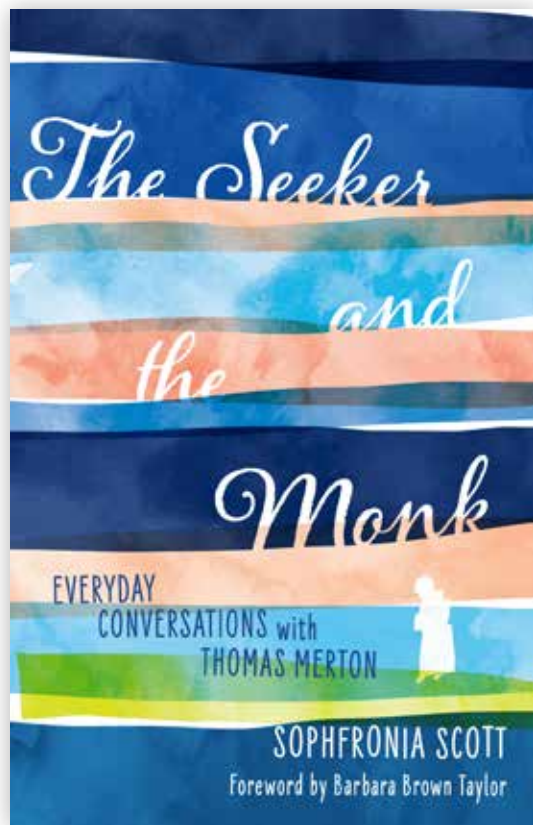


LISA DEAM is a historian and an award-winning writer in spiritual formation. She specializes in helping Christians deepen their walk of faith through exploration of historical spirituality and practices. She hosts The Contemplative Writer, a website providing daily soul care to writers, and is the author of *A World Transformed: Exploring the Spirituality of Medieval Maps*. She lives in the Charlotte, North Carolina, area with her family.

 lisadeam.com

 [@LisaKDeam](https://twitter.com/LisaKDeam)

 [/LisaDeamWriter](https://www.facebook.com/LisaDeamWriter)



The Seeker and the Monk

*Everyday Conversations
with Thomas Merton*

SOPHFRONIA SCOTT

**FOREWORD BY BARBARA
BROWN TAYLOR**

An elegant, meditative journey into Thomas Merton's wisdom through the pages of his little-known journals.

MARKETING

- ▶ National print and online publicity
- ▶ Targeted digital and social-media advertising
- ▶ Niche media push to African American media, podcasts, and blogs
- ▶ Religion and spirituality media and blog outreach
- ▶ Targeted publicity campaign to progressive Christian and Catholic media
- ▶ Advertising in progressive publications
- ▶ ARCs available
- ▶ Author launch team

Publication: March 16, 2021

978-1-5064-6496-1

Paperback 5.5 x 8.5

240 pages

\$17.99

Religion / Christian Living / Spiritual Growth

Religion / Christian Living / Social Issues

Religion / Spirituality

In *The Seeker and the Monk*, Sophronia Scott mines the extensive, private journals of Thomas Merton, one of the most influential contemplative thinkers of the past, for guidance on how to live in fraught times. Race, ambition, faith, activism, nature, prayer, friendship, love: with intimacy and a refusal to settle for cliché, Scott invites readers into the themes that occupied Merton and that still command our attention today.



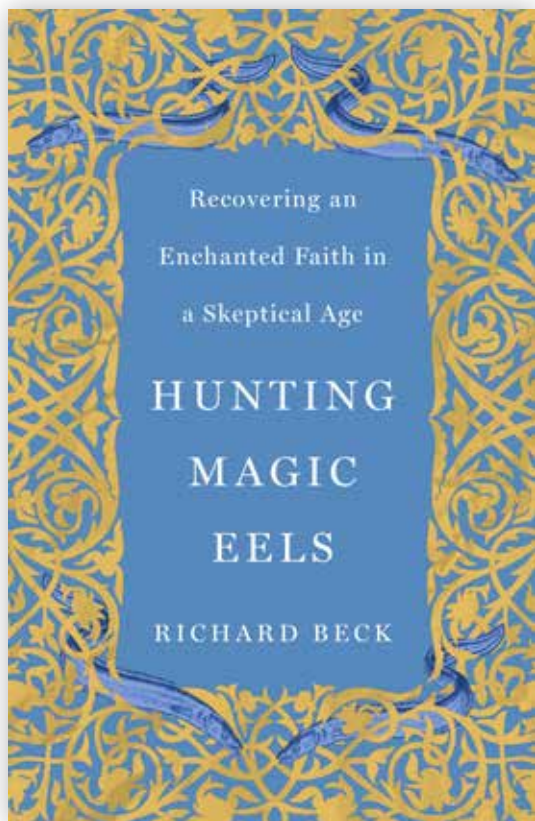
SOPHFRONIA SCOTT is a novelist, essayist, and leading contemplative thinker whose work has appeared in *Time*, *People*, *O: The Oprah Magazine*, and numerous other outlets. When her first novel, *All I Need to Get By*, was published, she was nominated for best new author at the African American Literary Awards and hailed by Henry Louis Gates Jr. as “one of the best writers of her generation.” Her other books include *Unforgivable Love*, *Love’s Long Line*, and *This Child of Faith*. Scott holds degrees from Harvard and the Vermont College of Fine Arts. She lives in Sandy Hook, Connecticut.

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Hunting Magic Eels

Recovering an Enchanted Faith in a Skeptical Age

RICHARD BECK

A thoughtful and engaging exploration of Christian enchantment urging us to refocus our attention to discover that God is all around us.

MARKETING

- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Trade advertising
- ▶ Targeted digital and social-media advertising
- ▶ Religion and spirituality media and blog outreach
- ▶ Niche publicity push with progressive Christian media
- ▶ ARCs available
- ▶ Author launch team

Publication: March 23, 2021
 978-1-5064-6465-7
 Hardcover 5.5 x 8.5
 250 pages
 \$24.99

Religion / Christian Living /
 Spiritual Growth
 Self-Help / Spiritual
 Religion / Christian Living /
 Inspirational

Five hundred years ago, the world was enchanted with angels and demons—God existed, and the devil was real. Today, we live in a post-Christian world characterized by doubt and skepticism. Richard Beck argues this is not evidence of a crisis of belief but a crisis of attention. *Hunting Magic Eels* reveals how we can cultivate an enchanted faith in a skeptical age and recover our ability to experience God as a living, vital presence.



RICHARD BECK is professor of psychology at Abilene Christian University in Abilene, Texas, and a popular blogger and speaker. He is the author of several books, most recently *Trains, Jesus, and Murder: The Gospel According to Johnny Cash* and *Stranger God: Meeting Jesus in Disguise*. His published research also covers topics as diverse as the psychology of profanity and why Christian bookstore art is so bad. Beck leads a Bible study each week for inmates at a maximum-security prison.

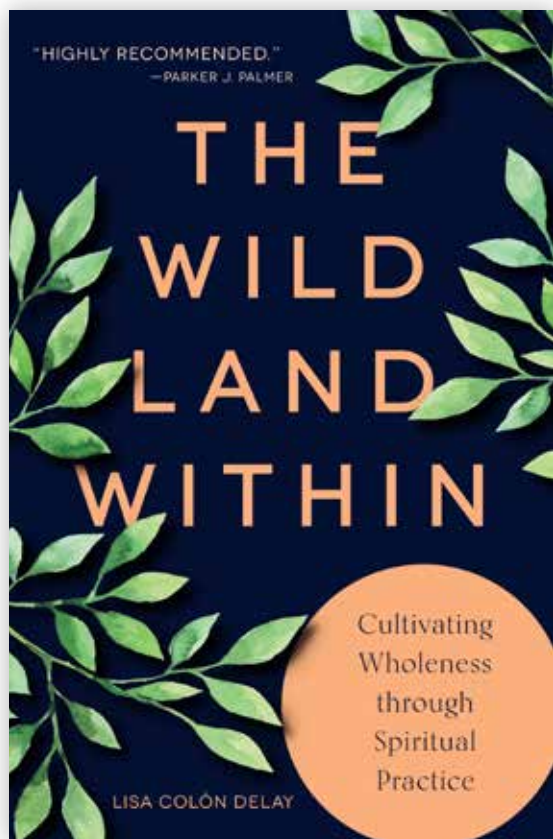
 experimentaltheology.blogspot.com

ALSO BY RICHARD BECK:

Trains, Jesus, and Murder
The Gospel according to Johnny Cash
 \$18.99 | 978-1-5064-3376-9
 Paperback | 5.5 x 8.5 | 205 pages

Stranger God
Meeting Jesus in Disguise
 \$18.99 | 978-1-5064-3375-2
 Paperback | 5.5 x 8.5 | 256 pages

Reviving Old Scratch
Demons and the Devil for Doubtters and the Disenchanted
 \$18.99 | 978-1-5064-0135-5
 Paperback | 5.5 x 8.5 | 200 pages



The Wild Land Within

Cultivating Wholeness through Spiritual Practice

LISA COLÓN DELAY

An inspiring map to our often-bewildering inner terrain that invites us to open ourselves up to God's healing by working through buried fear and pain.

MARKETING

- ▶ Targeted publicity campaign to spiritual directors and retreat centers
- ▶ National trade and Christian advertising
- ▶ Email marketing to extensive church lists
- ▶ Religion and spirituality media, blog, and podcast outreach
- ▶ Features at select Christian conferences
- ▶ Targeted digital and social media campaign
- ▶ Author launch team tapping author's podcast fanbase

Publication: April 6, 2021
978-1-5064-6508-1
Paperback 5.25 x 8
224 pages
\$16.99

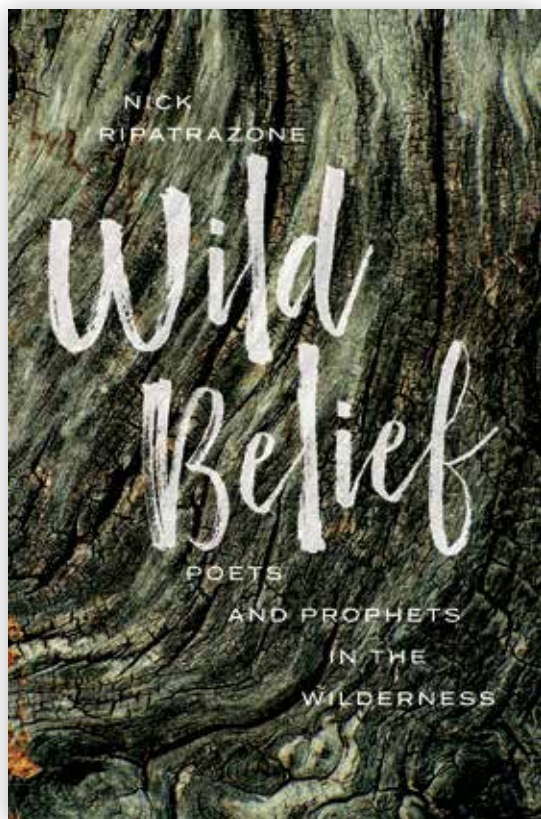
Religion / Christian Living / Spiritual Growth
Religion / Christian Living / Personal Growth
Body, Mind & Spirit / Mysticism

Spiritual practices are wildly popular today—and for good reason. But they can lead to distressing encounters with wounds we didn't even know we had. In *The Wild Land Within* Lisa Colón DeLay engages spiritual practices from early desert monastics, as well as Latinx, Black, and indigenous contemplatives, to guide us in cultivating lives of devotion. Here theology and neuroscience help us work through buried fear or pain and find embodied spiritual healing.



LISA COLÓN DELAY is a teacher, spiritual director, and host of *Spark My Muse*, a top-rated religion and spirituality podcast. Originally from Puerto Rico, DeLay has an MA in spiritual formation and has taught in many settings, from graduate schools to workshops. Her work has appeared in several anthologies and in dozens of places in print and online, and she offers spiritual companioning and retreats. DeLay lives with her family outside Philadelphia.

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[@LisaDelay](https://twitter.com/LisaDelay)
[@lisacolondelay](https://www.instagram.com/lisacolondelay)
[/lisa.colondelay.1](https://www.facebook.com/lisa.colondelay.1)



Wild Belief

Poets and Prophets in the Wilderness

NICK RIPATRAZONE

An intriguing examination of the spirituality of the wilderness through the writings of a diverse and unique set of storytellers.

MARKETING

- ▶ National print and online publicity
- ▶ Targeted digital and social-media advertising
- ▶ Targeted publicity campaign to literary and poetry magazines and blogs
- ▶ Niche campaign targeting wilderness media and blogs
- ▶ Religion and spirituality media and blog outreach
- ▶ Paid social targeting fans of authors represented in the book
- ▶ ARCs available

Publication: May 18, 2021

978-1-5064-6463-3

Hardcover 6 x 9

200 pages

\$25.99

Literary Criticism / Subjects & Themes

/ Nature

Religion / Spirituality

Nature / Environmental Conservation
& Protection

Wild Belief brings together a diverse and unique set of writers who span literary styles, genres, and time periods—but who are united in their search for spirit in the wild. Through them we discover the tension between our understanding of the wilderness as both a fearful and a sacred space, which makes it particularly apt for capturing the unknown and surprising elements of belief.



NICK RIPATRAZONE is the culture editor for *Image Journal*, a contributing editor at *The Millions*, and a columnist for *Literary Hub*. He has written for *Rolling Stone*, *GQ*, *The Atlantic*, *The Paris Review*, and *Esquire* and is the author of *Longing for an Absent God*. Ripatrazone lives in Andover Township, New Jersey, with his wife and twin daughters.



@nickripatrazone



ALSO BY NICK RIPATRAZONE:

Longing for an Absent God

Faith and Doubt in Great American Fiction

\$27.99 | 978-1-5064-5195-4

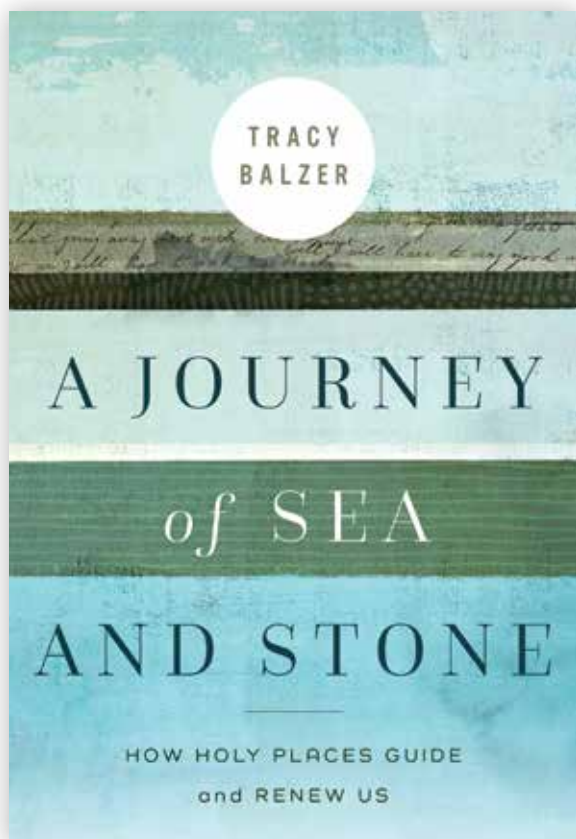
Hardcover | 6 x 9 | 300 pages

A Journey of Sea and Stone

How Holy Places Guide and Renew Us

TRACY BALZER

An engaging and colorful illustration of the sacred spiritual lessons that wild and holy places, like the Scottish isle of Iona, offer to our lives of faith.



MARKETING

- ▶ National print and online publicity
- ▶ Targeted digital and social-media advertising
- ▶ Religion and spirituality media and blog outreach
- ▶ Advertising through progressive Christian channels
- ▶ Niche publicity push through travel media
- ▶ Author launch team
- ▶ ARCs available

Publication: June 8, 2021
978-1-5064-6459-6
Paperback 5 x 7
208 pages
\$16.99

Religion / Christian Living / Spiritual Growth
Religion / Spirituality
Body, Mind & Spirit / Mysticism

In *A Journey of Sea and Stone*, spiritual director Tracy Balzer takes us along as she journeys to the revered Isle of Iona in Scotland. She carries with her key questions of the spiritual life: Who is God? Who am I? What am I to do with my life? With Balzer as our guide, and through the storied history of Iona, we see that all sacred spaces can offer us a unique path to God.



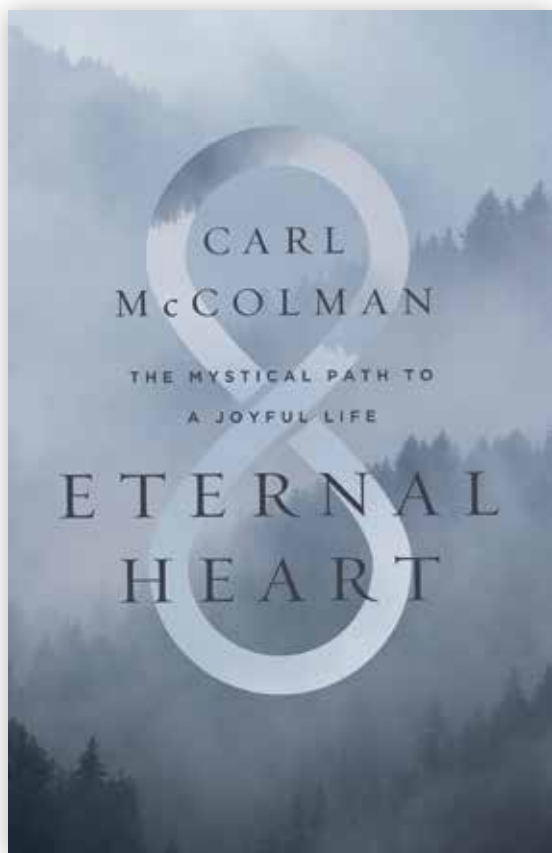
TRACY BALZER is a speaker, spiritual director, retreat leader, and an oblate at Subiaco Abbey. She is the author of *Thin Places*, *A Listening Life*, and *Permission to Ponder*. The founder and leader of Sea & Stone Journeys, she organizes spiritual pilgrimages to the British Isles. Tracy also hosts the podcast *A Listening Life*, where she guides listeners through the prayerful practice of *lectio divina*. Tracy lives in Siloam Springs, Arkansas, where she serves as director of Christian formation at John Brown University.

 [tracybalzer.com](https://twitter.com/tracybalzer)

 [@alisteninglife](https://twitter.com/alisteninglife)

 [@seaandstonejourneys](https://www.instagram.com/seaandstonejourneys)

 [/TracyBalzerWriter](https://www.facebook.com/TracyBalzerWriter)



Eternal Heart

The Mystical Path to a Joyful Life

CARL MCCOLMAN

A compelling exploration of Christian mysticism and contemplative practice that will open the heart to the Divine.

MARKETING

- ▶ National print and online publicity
- ▶ National and local television and radio interviews
- ▶ Targeted digital and social-media campaign
- ▶ Religion and spirituality media and blog outreach
- ▶ Targeted publicity campaign to progressive Christian media
- ▶ Advertising through progressive Christian channels
- ▶ Author launch team
- ▶ ARCs available

Publication: June 29, 2021
978-1-5064-6461-9
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Religion / Mysticism
Religion / Spirituality
Religion / Christian Living / Spiritual Growth

Eternal Heart brings mysticism as near as our beating hearts through a set of profound, practical spiritual exercises aimed at opening the heart. Through this everyday mysticism we begin to experience the center point of spirituality: Love. Carl McColman, author of *The Big Book of Christian Mysticism*, weaves together teachings from the biblical tradition, literature of the mystics, and insights from contemplative spirituality to reveal how ancient wisdom offers us deep transformation today.



CARL MCCOLMAN is a contemplative writer, storyteller, podcaster, and spiritual director. He is a life-professed member of a Lay Cistercian community under the spiritual guidance of Trappist monks. He is the author of numerous books, including *The Big Book of Christian Mysticism*, and regularly speaks and leads retreats on topics related to Christian mysticism, Celtic spirituality, and interfaith dialogue. Carl and his wife, artist Fran McColman, live near Atlanta, Georgia.



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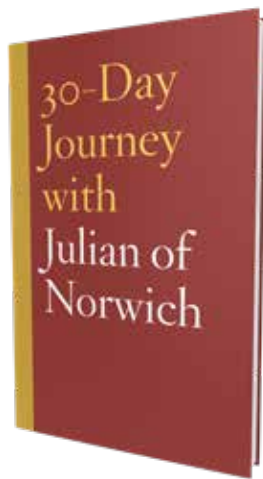


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CAROL HOWARD MERRITT is a minister and the award-winning author of *Tribal Church: Ministering to the Missing Generation* and *Reframing Hope: Vital Ministry in a New Generation*. She is a regular writer at *The Christian Century*, where her blog is hosted. She lives in Chattanooga, Tennessee.

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Religion / Christian Living / Spiritual Growth
Religion / Mysticism

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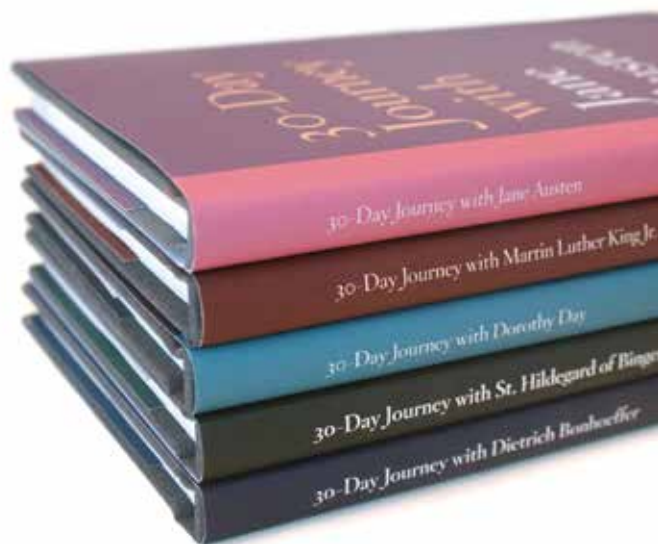
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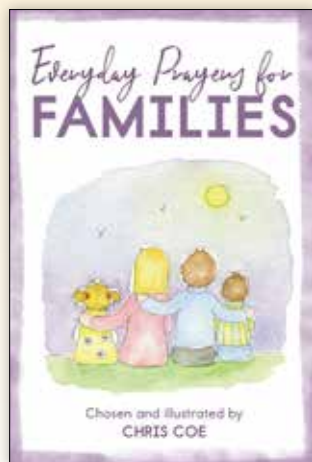
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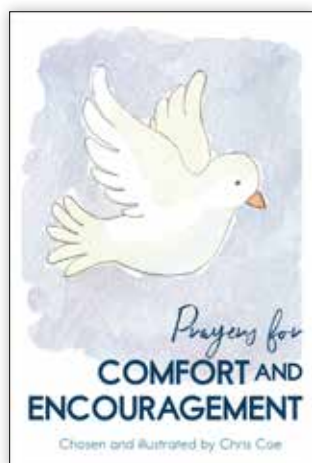
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Publication: January 12, 2021

978-1-5064-6850-1 | Paperback 4 x 6 | 152 pages | \$14.99 | North American rights, English only

MARKETING

- ▶ Targeted publicity campaign to Christian media
- ▶ Email marketing to extensive church lists
- ▶ Religion and spirituality media, blog, and podcast outreach
- ▶ Targeted digital and social media campaign

Religion / Christian Living / Prayer
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Publication: May 4, 2021

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Dear Daughter of a Narcissistic Mother

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Publication: June 29, 2021

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To Daughters of Narcissistic Mothers

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MARKETING

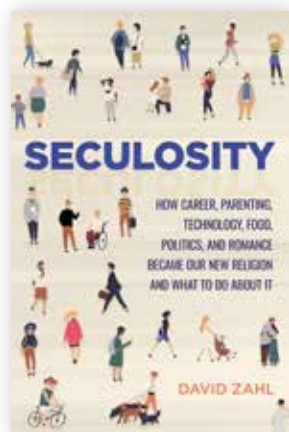
- ▶ Targeted publicity campaign to women's and mental-health media and blogs
- ▶ Targeted digital and social media advertising to therapists and counselors
- ▶ Religion and spirituality media and blog outreach

Family & Relationships / Anger
Self-Help / Personal Growth / Self-Esteem
Self-Help / Abuse

DANU MORRIGAN lives in Dublin and runs the phenomenally popular website daughtersofnarcissisticmothers.com. Her writing on the subject of narcissistic personality disorder has gained high-profile media coverage. She is also an award-winning writer of women's fiction under her real name, Tracy Culleton.

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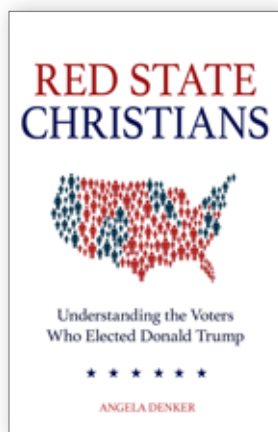
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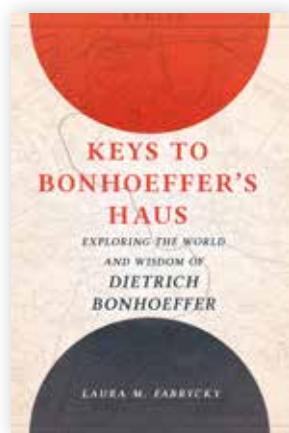
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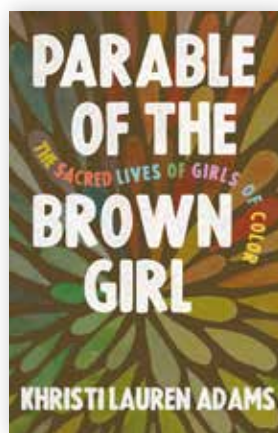
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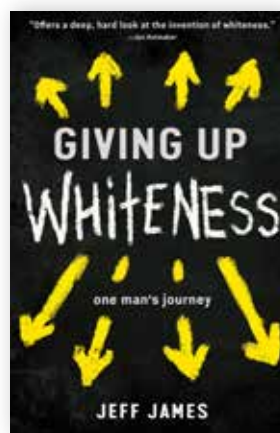
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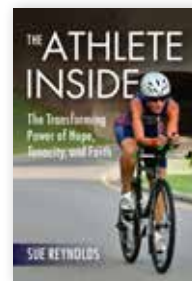
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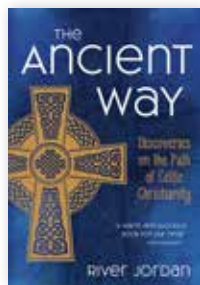
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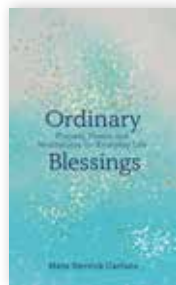
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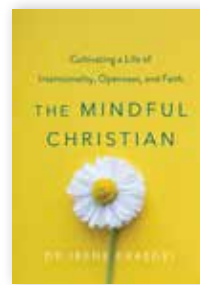
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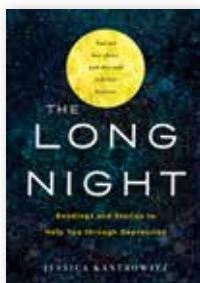
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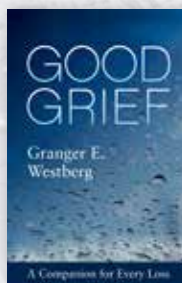
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